

**Ed Sias Cross Country Invitational**  
Saturday, September 9, 2017  
Hidden Valley Park, Martinez CA

**HOW TO ENTER INSTRUCTIONS:**

***STEP ONE: Entry Fee Payment***

**In addition to the on-line registration, you must pay the entry fee by the ENTRY FEE DEADLINE to be eligible to participate in the meet. Your team is NOT officially entered until payment is received!**

**ENTRY FEES**

\$10.00 per athlete for the 1st 20 athletes. \$3.00 per athlete for each additional athlete. \$350.00 for unlimited entries (maximum fee).

On-line registration must be completed by following the instructions below!

Make checks payable to:

**CAMPOLINDO CROSS COUNTRY & TRACK**

Send entry fee checks to:

**CHUCK WOOLRIDGE  
CAMPOLINDO HS  
300 MORAGA ROAD  
MORAGA CA 94556**

Please note that on-line registration does NOT officially enter your team into the meet. In order to be officially entered, entry fees must be received by the following deadline:

**FRIDAY, SEPTEMBER 1, 2017 ENTRY FEE DEADLINE.**

**PLEASE BE ADVISED, THE 2017 ESI FIELD WILL BE LIMITED TO THE FIRST 50 TEAMS FOR WHICH ENTRY FEES ARE RECEIVED.**

***STEP TWO: On-line registration at [ATHLETIC.NET](http://ATHLETIC.NET)***

We are pleased to announce that ESI 2017 will be using the Athletic.net registration system!

Coaches must log on to Athletic.net. If a team account has not yet been created on the Athletic.net site, please follow the instructions provided on the site to set one up.

Once logged into the team account, click on the "Coach Tools" link in the upper left of the window. Select the appropriate "team home" from the drop down menu.

From there, click on "add a meet" under the "2017 season" title on the lower left. Then, choose the CA North Coast in the region menu and click on "next."

On the meet calendar that follows, find the "2017 Ed Sias Cross Country Invitational" link on September 9. Click on the link and then "add to team."

Once the "request to attend" is accepted, the coach may begin athlete registration into the meet.

## **A FEW REMINDERS ABOUT OUR ENTRY POLICIES:**

**Schools must field a complete Varsity team *before* entering athletes in the JV division of the same gender. Please do NOT begin entering athletes into the JV race until all spots are filled in the Varsity race.**

**The FS/JV "Unlimited" race is open *ONLY* to those teams that first completely fill the FS and JV "Limited" divisions. Please do NOT begin entering athletes into the FS/JV "Unlimited" race until all spots are filled in the "Limited" races.**

## **ON-LINE REGISTRATION DEADLINE: THURSDAY, SEPTEMBER 7!**

**2017 COURSE:** Please note that the event will be held at Hidden Valley Park, on Center Avenue in Martinez. Races will be run on the traditional ESI course, starting and finishing on the newly renovated grass areas of Hidden Valley Park.

**Questions? Contact Chuck Woolridge at [cougarcoach@comcast.net](mailto:cougarcoach@comcast.net)**