



ESI *ESI* *ESI* *ESI* **35th Annual**

Ed Sias

Cross Country Invitational

THANK YOU!

Thank you for your participation in the Ed Sias Cross Country Invitational.

ESI is named in memory of a man who embodied all the best our sport has to offer. Ed Sias devoted himself to nurturing student athletes. His enthusiasm and love for running, and those who run, has been instrumental to the growth & success of cross country in the Bay Area.

We hope you share our belief that cross country, above all else, should be a gratifying endeavor for our athletes. It is fitting that this event, which strives to provide athletes with an enjoyable experience, kick off the season each year.

We wish you all the best for the season, as well as a lifetime of enjoyment and satisfaction from running.

–Chuck Woolridge

PARTICIPATING SCHOOLS

ABRAHAM LINCOLN	CLOVERDALE	JAMES LOGAN	NUEVA SCHOOL
ALHAMBRA	COLLEGE PARK	JESSE BETHEL	OAKLAND TECH
ANTIOCH	CONCORD	JUSTIN-SIENA	PRESENTATION
BENICIA	CRYSTAL SPRINGS UPLANDS	KING'S ACADEMY	RODRIGUEZ
BELLARMINE	DE ANZA	LA JOLLA	SAN LEANDRO
BENTLEY UPPER	DE LA SALLE	LEADERSHIP PUBLIC	ST. JOSEPH ND
BEREAN CHRISTIAN	DOUGHERTY VALLEY	LIVERMORE	ST. MARY'S
BERKELEY	DUBLIN	MARIA CARRILLO	ST. PATRICK/ST. VINCENT
BEYER	EL CERRITO	MERCY SF	URBAN SF
BISHOP O'DOWD	EMERY	MIRAMONTE	VACAVILLE
CAL SCHL FOR DEAF	FREEDOM	MONTE VISTA	WILLOW GLEN
CAMPOLINDO	HERCULES	MT. EDEN	YGNACIO VALLEY
CARONDELET	HOMESTEAD	NEWARK MEMORIAL	
CLAYTON VALLEY	INTERNATIONAL FAIS	NORTHGATE	

COUGAR CROSS COUNTRY • CAMPOLINDO HIGH SCHOOL
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