

# Campolindo High School

# COUGAR TRACK & FIELD

## 2017 Personal Records

<b>100m</b>	Lin 17 57.63	17 51.57	Sams-Chambers	Woidat 17 2:14.64
Williams 16 12.83	Fleming 15 57.70	Bernardo-Thoms-	17 3:52.16	Boozarpour 17 2:15.5h
Thoms 17 13.54	Geurrero 14 61.88	McGuire-N. Arnswald	A. Visht-C. Hein-	Tseng 17 2:15.6h
Francisco 17 13.54	Bhagwat 17 68.5h	17 52.20	Bhagwat-Nguyen	Iniguez-Reyes 16 2:16.44
J. Arnswald 17 13.9h		Bernardo-N. Arnswald-	17 3:53.70	Lin 16 2:16.50
Bernardo 17 13.88	<b>400m Split</b>	Wong-Ahearn	A. Visht-Nguyen-	Weyland 17 2:18.29
McGuire 17 13.88	J. Arnswald 16 60.2	17 54.57	Bhagwat-B. Hein	Fleming 17 2:18.36
Quimby 17 14.08	Williams 16 60.4	Bernardo-Williams-	17 3:54.40	B. Hein 17 2:19.05
Ahearn 16 14.13	Francisco 17 61.0	Wong-Johns	A. Visht-Nguyen-	Morasch 17 2:19.06
Wilson 17 14.2h	Wilson 17 62.8	17 55.6h	C. Hein-Hunger	Manty 17 2:19.39
Kim 17 14.36	Johns 17 63.3	Kim-Subrumaniam-	17 3:54.98	Ganten 17 2:19.83
N. Arnswald 16 14.37	N. Arnswald 17 65.9	Moran-Szeto	A. Visht-Bhagwat-	Cronin 17 2:20.85
Moran 16 14.56	Moran 17 66.2	17 55.85	Nguyen-C. Hein	Chambers 17 2:22.13
Szeto 16 14.88	Ruane 16 66.3	N. Arnswald-Subrumaniam-	17 3:55.40	Pena 17 2:24.17
Subramaniam 16 15.24	B. Chao 17 66.3	Moran-Szeto	Nguyen-A. Visht-	A. Visht 17 2:26.06
Tucker 16 15.3h	Subrumaniam 17 66.3	17 56.56	Morasch-B. Hein	Socher 14 2:28.82
B. Chao 17 15.8h	Ahearn 16 66.4	<b>400m Relay</b>	17 4:01.94	K. Visht 15 2:29.79
	I. Chao 16 66.9		Boozarpour-Buckley-	Essl 16 2:30.67
<b>100m</b>	Wong 17 67.0		Diaz-Tseng	Geurrero 15 2:30.76
Fleming 17 12.00	Quimby 17 67.5	<b>1600m Relay</b>	17 4:05.4h	Bhagwat 17 2:31.03
K. Visht 17 12.02	Hober 17 69.7	Wilson-J. Arnswald-	Cronin-C. Hein-	Kimball 16 2:31.78
Weyland 17 12.29	Foxworthy 15 69.8	Francisco-Williams	B. Hein-K. Visht	L. Moore 16 2:32.92
Socher 16 12.49	McGuire 17 69.8	17 4:07.32	17 4:09.7h	Meneses 16 2:34.54
Manty 17 12.4h	Nord 17 70.6	Wilson-J. Arnswald-	Bhagwat-Morasch-	Eliazer 17 2:36.11
A. Visht 17 12.73	Guthrie 17 71.5	Francisco-Johns	B. Hein-Cronin	Murray 17 2:40.27
Lin 15 12.97	Bernardo 17 72.1	17 4:14.92	17 4:17.44	Artales 17 2:57.68
Guerrero 14 13.38	Travis 17 73.4	B. Chao-N. Arnswald-	Januszewski-Guerrero-	
	Lew 17 74.5	Moran-Subrumaniam	Hiett-Kimball	<b>800m Split</b>
<b>200m</b>	Garcia 17 74.8	17 4:26.86	17 4:47.7h	Ruane 17 2:23.0
Williams 16 26.90	Hilton 15 75.0	B. Chao-N. Arnswald-		I. Chao 15 2:29.6
Thoms 17 27.52	D'lorio 16 76.3	Hober-Subrumaniam	<b>800m</b>	J. Arnswald 17 2:30.7
Francisco 17 27.63	Jiang 15 78.0	17 4:30.02	I. Chao 17 2:24.08	B. Chao 17 2:32.0
Wilson 17 28.61	Szeto 16 79.3	Wilson-J. Arnswald-	Ruane 17 2:27.26	Miles 17 2:32.1
Bernardo 17 28.89	Jia 15 87.9	I. Chao-Ahearn	J. Arnswald 17 2:29.21	Hober 17 2:32.6
McGuire 17 29.09	<b>400m Split</b>	17 4:30.50	Miles 17 2:31.37	Foxworthy 17 2:34.0
Subramaniam 17 29.41	N. Moore 16 49.7	Ahearn-McGuire-	Hober 17 2:31.92	Hancock 17 2:35.6
Ahearn 15 30.15	Lin 16 53.2	N. Arnswald-Bernardo	Hancock 17 2:32.42	Guthrie 17 2:40.1
N. Arnswald 16 30.1h	Gong 17 54.3	17 4:35.61	B. Chao 17 2:33.77	Garcia 17 2:41.2
Moran 16 31.14	Manty 17 54.5	Wong-Quimby-	Foxworthy 17 2:36.49	Hilton 15 2:42.0
Szeto 16 33.25	Fleming 17 54.7	Nord-Lew	Wilson 17 2:38.30	D'lorio 17 2:43.4
	Nguyen 17 54.7	17 4:40.04	Guthrie 17 2:38.44	Johns 17 2:43.5
<b>200m</b>	Weyland 17 54.7	Moran-Travis-	Garcia 17 2:40.14	Ahearn 16 2:44.8
N. Moore 17 23.92	Sams 17 55.9	Hober-Guthrie	D'lorio 17 2:41.39	Travis 17 2:48.4
Manty 17 24.10	Socher 16 56.2	17 4:47.96	Williams 15 2:41.73	Zhang 17 2:48.9
Fleming 17 24.74	Yabu 16 56.6	Guthrie-Travis-	Hilton 16 2:42.2h	Wong 17 2:51.3
K. Visht 16 26.15	A. Visht 17 56.6	Szeto-Zhang	Quimby 17 2:42.75	Lew 16 2:54.1
Lin 15 26.31	K. Visht 16 57.7	17 4:52.88	Ahearn 15 2:43.25	Moran 16 2:56.4
A. Visht 17 26.5h	Ahn 17 58.5	Johns-Nord-	Nord 17 2:44.06	Naughten 17 3:00.0
Geurrero 14 26.86	Sauerberg 16 58.9	Garcia-Lew	Lew 16 2:45.31	
Eliazer 16 31.7h	C. Hein 17 58.9	17 4:56.97	Travis 17 2:47.06	<b>800m Split</b>
	Diaz 16 59.1	Subrumaniam-Travis-	Subramanian 17 2:47.92	N. Moore 16 1:57.3
<b>400m</b>	Boozarpour 16 59.7	Guthrie-Hober	N. Arnswald 17 2:47.98	Yabu 17 2:02.5
Williams 17 62.24	Tseng 17 60.0	17 4:58.66	Moran 17 12:48.99	Gong 17 2:03.1
J. Arnswald 15 62.66	Flett 16 60.1	Subrumaniam-Miles-	Storrs 17 2:54.22	Sams 17 2:06.7
Wilson 17 62.81	B. Hein 17 60.2	Storrs-VanHeuit	Zhang 17 2:54.23	Nguyen 17 2:08.0
Johns 17 65.03	Buckley 17 60.3	5:07.6h	Johns 17 2:54.92	Diaz 15 2:08.3
Subramaniam 17 65.99	Hunger 17 60.4		Jiang 15 3:03.27	Ahn 17 2:09.0
Francisco 16 66.95	Bhagwat 17 61.4	<b>1600 Relay</b>	Szeto 16 3:05.93	Woidat 17 2:11.4
Quimby 16 67.17	L. Moore 16 62.0	Lin-Gong-	Farrell 16 3:14.35	Hunger 17 2:12.9
B. Chao 17 67.19	Woidat 16 62.3	N. Moore-Fleming	Jia 15 3:15.80	Buckley 17 2:13.1
Ahearn 15 67.43	Iniguez-Reyes 16 63.2	17 3:35.43	Tucker 16 3:36.22	Tseng 17 2:13.2
Hober 17 67.84	Chambers 17 63.8	Lin-N. Moore-	Brown 16 3:36.99	Flett 16 2:13.4
N. Arnswald 16 68.17	Geurrero 14 64.1	Fleming-Weyland		C. Hein 17 2:16.0
McGuire 17 68.38	Morasch 17 65.1	17 3:39.69		Morasch 17 2:18.5
Moran 16 68.68	Essl 16 68.8	B. Manty-N. Moore-		Boozarpour 15 2:19.9
Nord 17 71.35	Kimball 15 70.3	Gong-Weyland		Cronin 17 2:21.0
D'lorio 17 74.11		17 3:42.49		Essl 17 2:22.7
Szeto 16 74.30		N. Moore-Lin-		Ganten 17 2:28.7
		Tseng-Sams		Meneses 16 2:40.0
<b>400m</b>		17 3:44.63		Artales 17 2:57.0
N. Moore 14 51.31	<b>400m Relay</b>	N. Moore-Flett-		
Manty 17 54.12	Francisco-Williams-	Yabu-Nguyen		<b>1200m Split</b>
Weyland 17 55.6h	Bernardo-Thoms	17 3:45.2h		I. Chao 17 3:40.6
K. Visht 16 56.56	17 51.55	Francisco-J. Arnswald-		Ruane 16 3:48.0
A. Visht 17 57.29	McGuire-Thoms	17 51.55		Hancock 17 4:06.3

Foxworthy 17 4:07.6  
 D'lorio 17 4:21.6  
**1200m Split**  
 N. Moore 17 3:07.4  
 Yabu 15 3:20.0  
 Buckley 17 3:26.0  
 Diaz 15 3:27.4  
 Flett 16 3:28.6  
 Tseng 17 3:32.4  
 Sams 16 3:36.4  
 Boozarpour 16 3:43.0  
 Meneses 17 3:56.8  
**1600m**  
 Ruane 17 5:02.10  
 Miles 17 5:04.23  
 I. Chao 16 5:06.84  
 Foxworthy 17 5:28.86  
 Hancock 17 5:33.93  
 Hilton 16 5:35.07  
 Hober 17 5:36.77  
 Guthrie 17 5:43.38  
 D'lorio 17 5:51.50  
 Garcia 17 5:49.85  
 Zhang 17 5:53.39  
 Travis 17 5:58.03  
 Lew 17 6:04.53  
 Naughten 17 6:15.4h  
**1600m**  
 N. Moore 17 4:15.03  
 Yabu 17 4:26.83  
 Gong 17 4:32.16  
 Buckley 17 4:33.14  
 Diaz 17 4:34.56  
 Flett 17 4:36.32  
 C. Hein 17 4:37.80  
 Hunger 17 4:40.80  
 Woidat 17 4:41.92  
 Ahn 17 4:43.98  
 Sams 17 4:44.92  
 Tseng 17 4:44.98  
 Iniguez-Reyes 17 4:45.94  
 Morasch 17 4:48.80  
 Cronin 17 4:49.63  
 Essl 17 4:51.06  
 Nguyen 17 4:52.35  
 Boozarpour 16 4:59.23  
 Chambers 17 5:05.19  
 B. Hein 17 5:05.70  
 Pena 17 5:16.47  
 Socher 14 5:20.34  
 Ganten 17 5:20.47  
 Lin 14 5:32.21  
 Meneses 17 5:27.61  
 Eliazer 17 5:58.06  
 Artale 17 6:07.47  
**1600m Split**  
 Ruane 17 5:08.8  
 I. Chao 16 5:27.2  
 Hancock 17 5:37.5  
 Hilton 16 5:49.2  
 Foxworthy 15 5:49.3  
 Hober 17 5:50.3  
 Travis 17 5:51.1  
 D'lorio 17 5:56.6  
 Guthrie 17 5:59.8  
 Garcia 16 6:04.0  
 Lew 16 6:15.2  
 Naughten 17 6:29.3  
**1600m Split**  
 Moore 17 4:20.6  
 Yabu 16 4:26.4  
 Gong 17 4:34.9  
 Buckley 17 4:35.0  
 Diaz 17 4:38.7  
 Ahn 17 4:45.8  
 C. Hein 17 4:50.4  
 Tseng 17 4:51.0  
 Flett 15 4:51.4  
 Sams 16 4:55.7  
 Morasch 17 4:57.7  
 Boozarpour 17 4:59.6  
 Cronin 17 5:00.2  
 Iniguez-Reyes 16 5:02.3  
 Hunger 17 5:03.4  
 Woidat 16 5:05.3  
 Chambers 17 5:10.6  
 Essl 17 5:14.3  
 Ganten 17 5:14.9  
 B. Hein 17 5:25.5  
 Pena 17 5:28.5  
**3200m**  
 Miles 17 10:49.83  
 I. Chao 17 10:51.01  
 Ruane 16 10:59.12  
 Foxworthy 17 11:53.88  
 Hilton 16 12:10.76  
 Hober 17 12:24.47  
 Hancock 17 12:24.54  
 Garcia 16 12:34.30  
 D'lorio 17 12:38.73  
 Zhang 17 13:06.53  
 Naughten 17 13:24.81  
 Travis 17 13:31.58  
 Guthrie 17 13:38.59  
 Lew 17 13:31.07  
**3200m**  
 Yabu 15 9:29.91  
 Diaz 16 9:32.04  
 N. Moore 17 9:48.2h  
 Buckley 17 9:47.72  
 Gong 16 9:49.27  
 Flett 17 9:56.24  
 Tseng 17 10:08.75  
 C. Hein 17 10:14.66  
 Woidat 17 10:16.27  
 Sams 17 10:22.85  
 Ahn 17 10:23.35  
 Hunger 17 10:23.75  
 Iniguez-Reyes 16 10:25.20  
 Morasch 17 10:33.34  
 Boozarpour 17 10:33.72  
 Cronin 17 10:41.67  
 Chambers 17 11:02.81  
 Nguyen 17 11:03.11  
 Essl 17 11:09.06  
 Socher 14 11:31.52  
 Meneses 17 11:43.11  
 Ganten 17 11:55.82  
 Lin 14 12:32.53  
 Artales 17 13:04.25  
**100 Hurdles**  
 J. Arnsald 17 16.65  
 N. Arnsald 17 17.89  
 Wong 17 18.61  
 Quimby 17 19.28  
 Moran 17 19.40  
 Storrs 17 21.56  
 Subramaniam 16 21.81  
 Travis 17 22.51  
**110 Hurdles**  
 Socher 16 17.27  
 Lin 16 17.75  
 Bhagwat 17 21.31  
**300 Hurdles**  
 J. Arnsald 16 46.68  
 Quimby 17 50.43  
 Moran 17 51.53  
 N. Arnsald 17 51.54  
 Wong 17 51.83  
 B. Chao 17 54.7h  
 Johns 17 56.20  
 Guthrie 17 59.10  
 Subramaniam 16 60.06  
 Travis 17 60.66  
 Nord 17 71.62  
**300 Hurdles**  
 Lin 16 42.45  
 Socher 16 44.44  
 Bhagwat 17 55.31  
 Eliazer 17 56.04  
**Long Jump**  
 Williams 15 15-8  
 Wilson 17 15-2.5  
 McGuire 17 14-7  
 Thoms 17 14-4  
 Francisco 17 13-11.5  
 Bernardo 17 13-7  
 Ahearn 16 13-0  
 Restrepo 17 12-11.25  
 Jiang 16 12-9  
 B. Chao 17 12-8  
 Hober 17 12-0  
 Tucker 16 11-9  
 Quimby 17 11-9  
 Guthrie 17 11-9  
 Szeto 17 10-11  
 Johns 17 10-3  
**Long Jump**  
 Weyland 17 20-0.5  
 Fleming 17 19-5.5  
 Manty 17 19-5  
 N. Moore 14 18-6  
 Kimball 16 15-1.5  
 Muray 17 13-7.75  
 Geurrero 14 12-9.25  
 Bhagwat 17 12-4  
**Triple Jump**  
 Thoms 17 34-8.5  
 Williams 17 32-8.5  
 Ahearn 17 30-5  
 Bernardo 17 30-0.5  
 Storrs 17 28-4.5  
 McGuire 17 28-1.75  
**Triple Jump**  
 Weyland 17 40-0.5  
 Fleming 17 36-6.5  
 K. Visht 15 35-7  
 Bhagwat 17 29-6  
 Muray 17 27-10  
**High Jump**  
 J. Arnsald 14 4-10  
 Wilson 17 4-4  
 Tucker 15 4-2  
 N. Arnsald 16 4-2  
 VanHeuit 17 4-0  
 L. Matranga 17 4-0  
**High Jump**  
 Manty 17 5-8  
 Lin 17 5-8  
 Gong 14 5-0  
 Flett 16 5-0  
 K. Visht 15 4-8  
 Muray 17 4-8  
**Pole Vault**  
 Ahearn 17 10-2  
 Francisco 17 9-2  
 Kim 17 8-0  
 Quimby 16 6-6  
 Moran 16 6-6  
 Restrepo 17 6-0  
 Williams 14 5-6  
**Pole Vault**  
 K. Visht 17 13-0  
 Weyland 17 12-1  
 A. Visht 17 11-0  
 Muray 17 8-6  
**Shot Put 4k**  
 Tucker 17 29-11.25  
 Brown 17 28-5.5  
 L. Matranga 17 25-9.5  
 Storrs 17 24-11.75  
 Jia 16 24-4  
 Kim 17 23-5  
 Farrell 17 21-10  
 Jiang 17 19-1  
 VanHeuit 17 18-6  
**Shot Put 10lb**  
 L. Moore 16 39-9.5  
 Kimball 16 37-6  
 Geurrero 15 34-11.5  
 Januszewski 17 32-2.25  
 Hielt 17 24-8.5  
**Shot Put 12lb**  
 Kimball 17 38-2  
 L. Moore 16 35-8  
 Geurrero 17 34-5  
 Januszewski 17 21-5.25  
 Hielt 17 14-0  
**Discus**  
 Brown 16 99-6  
 Tucker 17 96-2  
 Kim 17 77-4  
 Storrs 17 77-2  
 Jia 17 76-11  
 Farrell 17 65-5  
 L. Matranga 17 64-9  
 Jiang 17 62-10  
 VanHeuit 17 50-9  
**Discus**  
 L. Moore 17 125-5  
 Kimball 17 125-3  
 Geurrero 17 92-7  
 Januszewski 17 77-9  
 Hielt 17 71-7