

# COUGAR CROSS COUNTRY



## 2017 Season Schedule



<i>Tues. August 22, 5:30pm</i>	<i>PARENT MEETING</i>	<i>@ CHS MU, Moraga</i>
<i>Fri. September 1, 3:30pm</i>	<i>Little Ed Pre-season Meet</i>	<i>@ Hidden Valley Park, Martinez</i>
<i>Sat. Sep. 9, 8:30am</i>	<i>Ed Sias Invitational</i>	<i>@ Hidden Valley Park, Martinez</i>
<i>Sat. Sep. 16, 8:30am</i>	<i>De La Salle Invitational</i>	<i>@ Newhall Park, Concord</i>
<b>Wed. Sep. 27, 3:30pm</b>	<b>DAL Center Meet #1 vs. All Teams*</b>	<b>@ Hidden Valley Park, Martinez</b>
<i>Sat. Sep. 30, 8am</i>	<i>Capital Cross Challenge Invitational</i>	<i>@ Haggin Oaks Golf, Sacramento</i>
<i>Sat. Oct. 7, 9am</i>	<i>Orienteering Championships</i>	<i>@ Hidden Valley Park, Martinez</i>
<i>Fri. Oct. 13, 1pm</i>	<i>Roughrider Invitational</i>	<i>@ Woodward Park, Fresno</i>
<i>Sat. Oct. 21, 2:00pm</i>	<i>1 Mile Team Time Trials</i>	<i>@ CHS Track, Moraga</i>
<b>Wed. Oct. 25, 3:30pm</b>	<b>DAL Center Meet #2 vs. All Teams*</b>	<b>@ Newhall Park, Concord</b>
<b>Sat. Nov. 4, 1pm</b>	<b>DAL Championship Meet*</b>	<b>@ Hidden Valley Park, Martinez</b>
<b>Sat. Nov. 18, 9am</b>	<b>North Coast Section Championships***</b>	<b>@ Hayward HS, Hayward</b>
<b>Sat. Nov. 25, 9am</b>	<b>CIF State Championships***</b>	<b>@ Woodward Park, Fresno</b>
<i>Tues. Nov. 28, 5:30pm</i>	<i>AWARDS NIGHT</i>	<i>@ CHS MU, Moraga</i>

\* All DAL meets are mandatory for cross country team participation.

\*\*\*Post-season NCS and CIF meets are varsity ONLY competitions.



Head Coach: **Chuck Woolridge**    Principal: **John Walker**    Athletic Director: **Shannon Rogers**

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