

COUGAR CROSS COUNTRY



2018 Season Schedule



<i>Tues. August 21, 5:30pm</i>	<i>PARENT MEETING</i>	<i>@ CHS MU, Moraga</i>
<i>Sat. August 24, 8:00am</i>	<i>HVP Service Project</i>	<i>@ Hidden Valley Park, Martinez</i>
<i>Fri. August 31, 3:30pm</i>	<i>Little Ed Pre-season Meet</i>	<i>@ Hidden Valley Park, Martinez</i>
<i>Sat. Sep. 8, 8:30am</i>	<i>Ed Sias Invitational</i>	<i>@ Hidden Valley Park, Martinez</i>
<i>Sat. Sep. 15, 8:30am</i>	<i>De La Salle Invitational</i>	<i>@ Newhall Park, Concord</i>
Wed. Sep. 26, 3:30pm	DAL Center Meet #1 vs. All Teams*	@ Hidden Valley Park, Martinez
<i>Sat. Sep. 29, 8am</i>	<i>Capital Cross Challenge Invitational</i>	<i>@ Haggin Oaks Golf, Sacramento</i>
<i>Fri. Oct. 12, 1pm</i>	<i>Roughrider Invitational</i>	<i>@ Woodward Park, Fresno</i>
<i>Sat. Oct. 20, 8:00am</i>	<i>Orienteering Championships</i>	<i>@ Hidden Valley Park, Martinez</i>
Wed. Oct. 24, 3:30pm	DAL Center Meet #2 vs. All Teams*	@ Newhall Park, Concord
Sat. Nov. 3, 1pm	DAL Championship Meet*	@ Hidden Valley Park, Martinez
<i>Sat. Nov. 17, 9am</i>	<i>North Coast Section Championships***</i>	<i>@ Hayward HS, Hayward</i>
<i>Sat. Nov. 24, 9am</i>	<i>CIF State Championships***</i>	<i>@ Woodward Park, Fresno</i>
<i>Tues. Nov. 27, 5:30pm</i>	<i>AWARDS NIGHT</i>	<i>@ CHS MU, Moraga</i>

* All DAL meets are mandatory for cross country team participation.

***Post-season NCS and CIF meets are varsity ONLY competitions.



Head Coach: **Tim Hunter** Principal: **John Walker** Athletic Director: **Shannon Rogers**

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