

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

## Track and Field Championships

## Granada High School, Livermore, CA

## Results - NCS Tri-Valley Championships

## Girls 100 Meter Dash

=====					
NCS TV: R 11.91		2000	Aishia Margain, Berkeley		
MOC At Large: @ 12.72					
CIF At Large: \$ 11.89					
Name	Year	School	Finals	Wind	H#
=====					
Finals					
1	Guillory, Briana	10 Deer Valley	12.35@	-0.3	3
2	Holt, Sara	Clayton Valley	12.54@	-0.3	3
3	White, Pamela	9 Granada	12.56@	-0.3	3
4	Forrester, Jessica	Clayton Valley	12.61@	0.4	2
5	Fetsch, Nicole	12 Amador Valley	12.62@	-0.3	3
6	Hinds, Jordan	11 Acalanes	12.64@	0.4	2
7	Cooper, Tristen	12 Heritage	12.79	-0.3	3
8	Boer, Anna	12 Miramonte	12.80	0.4	2
9	Bandyrel, Janelle	Clayton Valley	12.82	-1.5	1
10	Reichenbach, Natalie	10 Foothill	12.82	-0.3	3
11	Huey, Jasmine	12 Pittsburg	12.84	0.4	2
12	Good, Felicia	11 Carondelet	12.95	-0.3	3
13	Lukas, Haley	11 Foothill	12.96	-0.3	3
14	Sinclair, Alina	12 San Ramon Valley	12.99	0.4	2
15	Berry, Sydney	11 Heritage	13.06	-0.3	3
16	Bouchard, Jessica	9 Dublin	13.08	0.4	2
17	Corane, Isis	11 Deer Valley	13.13	0.4	2
18	Larson, Ariana	11 Pittsburg	13.19	0.4	2
19	Rose, Jackie	College Park	13.19	-1.5	1
20	Hinds, Julian	9 Acalanes	13.22	-1.5	1
21	Lee, Casey	11 Acalanes	13.24	0.4	2
22	Glavee, Kristen	10 Dougherty Valley	13.36	-1.5	1
23	Fong, Julianna	Northgate	13.56	-1.5	1

## Girls 200 Meter Dash

=====					
NCS TV: R 24.10		2000	Aishia Margain, Berkeley		
MOC At Large: @ 25.95					
CIF At Large: \$ 24.50					
Name	Year	School	Finals	Wind	H#
=====					
1	Hamlin, LaShall	12 Deer Valley	25.00@	1.9	3
2	Guillory, Briana	10 Deer Valley	25.13@	1.9	3
3	McGlaston, Mecca	9 Dublin	25.30@	1.9	3
4	Hupke, Kat	12 California	25.90@	1.9	3
5	Fagalar, J'Ley	9 Deer Valley	25.91@	1.9	3
6	Deakins, Kera	12 Miramonte	26.09	0.1	2
7	White, Pamela	9 Granada	26.10	1.9	3
8	Lukas, Haley	11 Foothill	26.14	1.9	3
9	Good, Felicia	11 Carondelet	26.22	1.9	3
10	Revell, Adria	11 Foothill	26.31	0.1	2
11	Forrester, Jessica	Clayton Valley	26.54	0.1	2
12	Huey, Jasmine	12 Pittsburg	26.71	1.9	3
13	Brandt, Morgan	11 Granada	26.92	0.1	2
14	Rose, Jackie	College Park	27.22	0.5	1
15	Carrington, Lisa	12 Acalanes	27.26	0.1	2
16	LaPierre, Madison	10 Freedom	27.28	0.1	2
17	Poupich, Vanessa	10 Dublin	27.30	0.1	2

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## ....Girls 200 Meter Dash

18 Rogers, Jevonie	Clayton Valley	27.31	0.5	1
19 Hinds, Jordan	11 Acalanes	27.36	0.1	2
20 Glavee, Kristen	10 Dougherty Valley	27.60	0.5	1
21 Fong, Julianna	Northgate	28.69	0.5	1

## Girls 400 Meter Dash

=====

NCS TV: R 54.80 2010 Chizoba Okodogbe, Deer Valley

MOC At Large: @ 58.77

CIF At Large: \$ 55.93

Name	Year School	Finals	H#
1 Chenault, Christina	10 Carondelet	58.24@	3
2 Lillard, Ronjane	11 Freedom	58.93	3
3 Hamlin, LaShall	12 Deer Valley	59.08	3
4 Deakins, Kera	12 Miramonte	59.13	2
5 Carr, Tyler	10 California	59.29	3
6 Rondoni, Nina	12 Monte Vista	59.74	3
7 Mehta, Marina	10 Heritage	60.24	2
8 Fagalar, J'Ley	9 Deer Valley	60.64	2
9 Evans, Emily	11 San Ramon Valley	60.88	3
10 Winn, Chloe	11 Monte Vista	61.13	3
11 LaPierre, Madison	10 Freedom	61.39	3
12 Gebhart, Mattingly	10 Monte Vista	61.50	3
13 Stuscavage, Kendall	College Park	61.66	2
14 Burney, Kourtney	11 Deer Valley	61.67	2
15 Ray, Olivia	College Park	62.09	2
16 Miguel, Victoria	College Park	62.29	2
17 Poupich, Vanessa	10 Dublin	62.53	2
18 Boothe, Amber	Clayton Valley	62.85	2
19 johnson, meredith	10 Las Lomas	63.02	1
20 Pergrino, Alex	Dougherty Valley	63.74	1
21 Wong, Lindsay	11 Campolindo	64.07	1
22 Sweeney, Abigail	11 Dublin	64.40	1
23 Mondloch, Lindsey	Clayton Valley	64.73	1
24 Kemp, Erika	College Park	65.67	1

## Girls 800 Meter Run

=====

NCS TV: R 2:13.03 2004 Lindsay Allen, College Park

MOC At Large: @ 2:19.69

CIF At Large: \$ 2:12.10

Name	Year School	Finals
1 Fuhriman, Heidi	9 Monte Vista	2:13.45@
2 Ricks, Madison	11 California	2:15.00@
3 Stuscavage, Kendall	College Park	2:16.97@
4 Hernandez-Shaw, Heather	12 Pittsburg	2:18.21@
5 Burney, Kourtney	11 Deer Valley	2:18.61@
6 Roden, Georgia	10 Miramonte	2:19.21@
7 Franklin, Sarah	11 Granada	2:19.52@
8 Romak, Tina	12 Miramonte	2:19.65@
9 Buckel, Lindsay	11 Miramonte	2:19.68@
10 Leroudier, Melodie	9 Amador Valley	2:21.25

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships****....Girls 800 Meter Run**

11 Eklem, Kaitlyn	10 San Ramon Valley	2:21.47
12 Nubla, Ann Jellica	10 Heritage	2:24.21
13 Gemar, Rachel	11 Las Lomas	2:25.22
14 Guo, Helen	9 Dougherty Valley	2:25.62
15 Smith, Elena	12 Monte Vista	2:25.63
16 Mundrane, Caitlyn	Northgate	2:26.22
17 Marzocco, Michalyn	10 Heritage	2:27.71
18 Hay, Sarah	11 Dougherty Valley	2:27.76
19 Wylie, Emily	9 Liberty	2:28.44
20 Gragg, Raquel	12 Antioch	2:29.26
21 Ray, Olivia	College Park	2:33.22
22 Perez, Mariana	College Park	2:33.73
23 Ortiz, Kyra	Clayton Valley	2:38.69
24 Wardle, Lauren	Clayton Valley	2:43.47

**Girls 1600 Meter Run**

=====  
 NCS TV: R 4:49.70 1996 Kristen Gordon, Carondelet  
 MOC At Large: @ 5:11.38  
 CIF At Large: \$ 4:59.51

Name	Year School	Finals
1 Leach, Brighie	10 Campolindo	5:00.11@
2 McCandless, Megan	9 Granada	5:00.57@
3 Gong, Maryann	12 Granada	5:00.61@
4 Stuscavage, Kendall	College Park	5:02.01@
5 Hansel, Chloe	9 Las Lomas	5:05.22@
6 Starn, Brooke	9 Monte Vista	5:05.48@
7 Hernandez, Alexandra	11 Livermore	5:06.05@
8 Lawsen, Taylor	9 Granada	5:08.95@
9 Bayliss, Christine	10 San Ramon Valley	5:11.26@
10 Smiley, Katharine	12 Monte Vista	5:11.30@
11 Timbrell, Allie	10 Alhambra	5:11.66
12 Busby, Jamie	College Park	5:17.22
13 Hernandez-Shaw, Heather	12 Pittsburg	5:17.77
14 Wylie, Emily	9 Liberty	5:20.59
15 Boucher, Ami	Northgate	5:20.83
16 Shipway, Haley	11 Campolindo	5:21.52
17 Johnson, Rachel	10 Campolindo	5:22.87
18 Tucker, Alex	9 Dougherty Valley	5:24.75
19 Dowey, Emily	College Park	5:28.34
20 Mundrane, Caitlyn	Northgate	5:31.14
21 Marzocco, Michalyn	10 Heritage	5:33.96
22 Schoenstein, Emma	Clayton Valley	5:36.38
23 Pena, Reyna	10 Heritage	5:50.65
24 Hinojosa, Alejandra	10 Heritage	5:55.05
25 Toralba, Lareana	10 Heritage	6:01.66

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## Results - NCS Tri-Valley Championships

## Girls 3200 Meter Run

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NCS TV: R 10:29.43 1996 Kristen Gordon, Carondelet

MOC At Large: @ 11:11.09

CIF At Large: \$ 10:39.88

Name	Year	School	Finals
1 Gong, Maryann	12	Granada	11:00.03@
2 Leach, Brighie	10	Campolindo	11:00.27@
3 McCandless, Megan	9	Granada	11:00.93@
4 Starn, Brooke	9	Monte Vista	11:02.64@
5 Collins, Kelly	12	Acalanes	11:12.28
6 Bayliss, Christine	10	San Ramon Valley	11:16.05
7 Orders, Mary	10	Campolindo	11:22.54
8 Hansel, Chloe	9	Las Lomas	11:27.06
9 Lutz, Carly	11	San Ramon Valley	11:28.74
10 Sun, Hana	9	Campolindo	11:30.17
11 Busby, Jamie		College Park	11:40.24
12 Razavi, Nina	12	Amador Valley	11:47.43
13 Johnson, Rachel	10	Campolindo	11:53.81
14 Preeg, Rachel		Clayton Valley	12:14.63
15 Dowey, Emily		College Park	12:17.35
16 Romero, Isabella		Ygnacio Valley	12:47.83
17 Pena, Reyna	10	Heritage	12:50.67
18 Toralba, Lareana	10	Heritage	13:26.43
19 Paulson, Leigha	11	Freedom	13:44.88
20 Lim, Sydney		Heritage	13:47.40
21 Perez, Miriam	9	Liberty	14:11.08
22 Orr, Katelyn	10	Pittsburg	14:11.55

## Girls 100 Meter Hurdles

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NCS TV: R 14.95 2008 Aimee Rodgers, Freedom

MOC At Large: @ 15.58

CIF At Large: \$ 14.26

Name	Year	School	Finals	Wind	H#
1 McGlaston, Mecca	9	Dublin	14.32R	-0.3	3
2 Newman, Sasha	11	Deer Valley	15.04@	-0.3	3
3 Mollique, Janeek	12	Pittsburg	15.59	-0.3	3
4 Coffey, Artearra	9	Deer Valley	15.63	-0.3	3
5 Biekert, Sydney	11	San Ramon Valley	15.97	-0.3	3
6 Muller, Makenzie	12	Foothill	16.01	-0.3	3
7 Topielski, Emily	10	Foothill	16.27	-0.3	3
8 Thompson, Michelle	10	Dougherty Valley	16.32	-0.1	2
9 Williams, Chloe	12	Carondelet	16.40	-0.1	2
10 Villareal, Amanda	11	Heritage	16.54	-0.3	3
11 Williams, Savannah	10	Monte Vista	17.06	-0.3	3
12 Menk, Hannah	11	Amador Valley	17.07	-0.1	2
13 Campbell, Maddy		Northgate	17.14	+0.0	1
14 McCarthy, Rebekah	11	Liberty	17.27	-0.1	2
15 Bromley, Kay	12	Alhambra	17.28	-0.1	2
16 Sutton, Haley		Northgate	17.38	-0.1	2
17 Moon, Danielle	11	Dublin	17.48	-0.1	2
18 Coyle, Megan		Northgate	17.61	+0.0	1
19 Simotake, Nicole	12	Acalanes	17.69	-0.1	2

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## ....Girls 100 Meter Hurdles

20 Wilcox, Caroline	12 Acalanes	17.71	-0.1	2
21 Ivanova, Xenia	Clayton Valley	18.00	+0.0	1
22 Chesnutt, Sonja	Northgate	18.05	+0.0	1
23 Guilliee, Brittany	11 Liberty	19.73	+0.0	1

## Girls 300 Meter Hurdles

=====

NCS TV: R 44.49 1998 Carolyn King, Carondelet

MOC At Large: @ 46.33

CIF At Large: \$ 43.55

Name	Year	School	Finals	H#
1 Newman, Sasha	11	Deer Valley	44.22R	3
2 Fletcher, Meghan	11	Amador Valley	45.40@	3
3 Walker, Mariah	12	Freedom	45.56@	3
4 Mollique, Janeek	12	Pittsburg	45.60@	3
5 Villanueva, Brookey	9	Amador Valley	46.84	3
6 Thompson, Michelle	10	Dougherty Valley	46.93	3
7 Coffey, Artearra	9	Deer Valley	47.03	2
8 Williams, Savannah	10	Monte Vista	47.35	2
9 Ingram, Amy	12	Monte Vista	47.58	3
10 Villareal, Amanda	11	Heritage	48.59	2
11 Strand, Kelly	10	Monte Vista	48.69	3
12 Butterfield, Mayuko		College Park	48.71	2
13 Hollshwandner, Amy	12	Acalanes	49.46	2
14 Glickman, Courtney	12	California	49.48	2
15 rease, fairlie	12	Las Lomas	49.65	2
16 Protzen, Miranda	10	Campolindo	50.13	3
17 Guytinco, Katrina		College Park	50.37	1
18 Coyle, Megan		Northgate	51.24	1
19 Bromley, Kay	12	Alhambra	51.30	2
20 Wilcox, Caroline	12	Acalanes	51.91	2
21 Reynoso, Natalya		Concord	54.77	1

## Girls 4x100 Meter Relay

=====

NCS TV: R 47.59 2011 Antioch, Antioch

T Wilson, L McGrath, L Evans, K Suleman

MOC At Large: @ 49.71

CIF At Large: \$ 47.64

School	Finals	H#
1 Deer Valley 'A'	47.95@	2
1) Newman, Sasha 11		
3) Fagalar, J'Ley 9		
2 Clayton Valley 'A'	48.49@	2
1) Bandyrel, Janelle		
3) Rogers, Jevonie		
3 Foothill 'A'	48.63@	2
1) Akanyirige, Precious 11		
3) Revell, Adria 11		
4 Granada 'A'	48.97@	2
1) Brandt, Morgan 11		
3) Rittman, Brooke 12		
2) Hamlin, LaShall 12		
4) Guillory, Briana 10		
2) Forrester, Jessica		
4) Holt, Sara		
2) Lukas, Haley 11		
4) Reichenbach, Natalie 10		
2) Leonard, Rachel 12		
4) White, Pamela 9		

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....Girls 4x100 Meter Relay

5	California 'A'	49.24@	2
	1) Bondoc, Brandy 11	2) Carr, Tyler 10	
	3) Alfaro, Amanda 12	4) Hupke, Kat 12	
6	Pittsburg 'A'	49.25@	1
	1) Larson, Ariana 11	2) Mollique, Janeek 12	
	3) Johnson, K'Yanni 9	4) Huey, Jasmine 12	
7	Acalanes 'A'	49.28@	1
	1) Hinds, Jordan 11	2) Lee, Casey 11	
	3) Hinds, Julian 9	4) Carrington, Lisa 12	
8	Carondelet 'A'	49.46@	2
	1) Good, Felicia 11	2) Chenault, Christina 10	
	3) Hays, Katherine 10	4) Silveira, Sanciana 10	
9	Heritage 'A'	49.53@	2
	1) Graffi, Alex 11	2) Cooper, Tristen 12	
	3) Asher, Erin 12	4) Berry, Sydney 11	
10	Amador Valley 'A'	49.62@	2
	1) Poplawski, Kennedy 12	2) Merchant, Jazmyn 10	
	3) Sicam, Kourtnie 12	4) Fetsch, Nicole 12	
11	Dublin 'A'	49.69@	1
	1) McGlaston, Mecca 9	2) Bouchard, Jessica 9	
	3) Tran, Alicia 10	4) Kelley, Alexxis 10	
12	Freedom 'A'	50.02	1
	1) DiMercurio, Gianna Milana 11	2) LaPierre, Madison 10	
	3) Robbins, Alexis 9	4) Lillard, Ronjane 11	
13	Monte Vista 'A'	50.14	2
	1) Alexander, Nicole 11	2) Williams, Brittany 9	
	3) Colburn, Geena 9	4) Gebhart, Mattingly 10	
14	Las Lomas 'A'	51.82	1
	1) Kelleher, Courtney 12	2) Brown, Gabrielle 10	
	3) Hatliled, Kayla 10	4) thorpe, nicole 10	
15	Campolindo 'A'	52.38	1
	1) Bernardo, Ashley 11	2) Wong, Lindsay 11	
	3) Chiang, Kristy 10	4) Protzen, Miranda 10	
16	Liberty 'A'	52.69	1
	1) Ponco, Jayna 10	2) Prosser, Tierra 10	
	3) Moshos, Caroline 10	4) Carlton, Ashley 10	
17	Concord 'A'	55.37	1
	1) Daynes, Jessica	2) Fuller, Kennedy	
	3) Ku, Vivian	4) Ibrahimi, Aria	
--	Dougherty Valley 'A'	DQ	1 Zone Violation
	1) Thompson, Michelle 10	2) Jenkins, Jasmine 12	
	3) Glavee, Kristen 10	4) Sethi, Avaani 9	

Girls 4x400 Meter Relay

=====			
NCS TV: R	3:51.31	2000	Berkeley
MOC At Large: @	4:02.95		
CIF At Large: \$	3:52.04		
School		Finals	H#
=====			
1	Deer Valley 'A'	3:57.74@	3
	1) Newman, Sasha 11	2) Guillory, Briana 10	
	3) Fagalar, J'Ley 9	4) Hamlin, LaShall 12	
2	Monte Vista 'A'	3:59.68@	3

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## ....Girls 4x400 Meter Relay

1) Winn, Chloe 11	2) Rondoni, Nina 12		
3) Gebhart, Mattingly 10	4) Fuhriman, Heidi 9		
3 Amador Valley 'A'		4:02.71@	3
1) Ketner, Alysse 12	2) Villanueva, Brookey 9		
3) Fetsch, Nicole 12	4) Merchant, Jazmyn 10		
4 California 'A'		4:03.18	3
1) Carr, Tyler 10	2) Delaney, Kaelin 10		
3) Karbo, Stephanie 12	4) Ricks, Madison 11		
5 Carondelet 'A'		4:04.80	3
1) Ryotolo, Julienne 9	2) Chenault, Christina 10		
3) Avina, Avery 9	4) Good, Felicia 11		
6 Granada 'A'		4:05.46	3
1) Brandt, Morgan 11	2) Leonard, Rachel 12		
3) Rittman, Brooke 12	4) Vieira, Candice 12		
7 Freedom 'A'		4:05.97	3
1) Walker, Mariah 12	2) DiMercurio, Gianna Milana 11		
3) LaPierre, Madison 10	4) Lillard, Ronjane 11		
8 Heritage 'A'		4:07.48	2
1) Rangel, Liliana 9	2) Nubla, Ann Jellica 10		
3) Vanderheid-Nye, Alex 11	4) Mehta, Marina 10		
9 Miramonte 'A'		4:09.73	3
1) Romak, Tina 12	2) Roden, Georgia 10		
3) Buckel, Lindsay 11	4) Deakins, Kera 12		
10 Pittsburg 'A'		4:10.74	2
1) Morris, Maya 9	2) Hernandez-Shaw, Heather 12		
3) Mahdi, Alexa 11	4) Mollique, Janeek 12		
11 College Park 'A'		4:11.58	2
1) Ray, Olivia	2) Kemp, Erika		
3) Miguel, Victoria	4) Stuscavage, Kendall		
12 Acalanes 'A'		4:14.82	2
1) Wilcox, Caroline 12	2) Catton, Sage 10		
3) Vaccaro, Julie 12	4) Hollshwandner, Amy 12		
13 Las Lomas 'A'		4:15.63	2
1) wikander, linnea 12	2) hight, emma 9		
3) Gemar, Rachel 11	4) Baldetti, Donna 12		
14 Dublin 'A'		4:20.34	2
1) Poupich, Vanessa 10	2) Bouchard, Jessica 9		
3) Tran, Alicia 10	4) McGlaston, Mecca 9		
15 Dougherty Valley 'A'		4:23.20	2
1) Thompson, Michelle 10	2) Peregrino, Alex 9		
3) Guo, Helen 9	4) Hay, Sarah 11		
16 Campolindo 'A'		4:36.62	2
1) Wong, Lindsay 11	2) Chiang, Kristy 10		
3) Cella, Sarah 9	4) Protzen, Miranda 10		
17 Concord 'A'		4:40.0h	1
1) Daynes, Jessica	2) Fuller, Kennedy		
3) Ku, Vivian	4) Reynoso, Natalya		
18 Liberty 'A'		4:48.5h	1
1) Thomason, Meredith 9	2) Villalobos, Veronica 12		
3) Carlton, Ashley 10	4) Griffin, Nicole 10		

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## Track and Field Championships

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## Results - NCS Tri-Valley Championships

## Girls High Jump

Name	Year	School	Finals
=====			
NCS TV: R	5-08	2008	Adrienne Johnson, Carondelet
MOC At Large: @	5-02		
CIF At Large: \$	5-05		
Name	Year	School	Finals
=====			
1 Mork, Kirsten	11	Granada	5-07.00\$
2 Kurtz, Jennifer	9	California	5-04.00@
3 Hebert, Lillianna	10	California	J5-04.00@
4 Biekert, Sydney	11	San Ramon Valley	5-02.00@
5 Reichenbach, Rachel	11	Foothill	J5-02.00@
6 Craig, Jillian	11	Amador Valley	5-00.00
7 Millington, Xhosh	11	Heritage	J5-00.00
8 Mabrey, Jurnee	12	Dougherty Valley	4-10.00
9 Hunt, Kelly	9	Heritage	J4-10.00
9 Roberts, Mackenzie		Northgate	J4-10.00
11 Mckee, Michaela	11	Las Lomas	J4-10.00
12 Perez, Mariana		College Park	4-08.00
12 Reynoso, Natalya		Concord	4-08.00
14 Dryer, Brittany	10	Heritage	J4-08.00
14 Onwuzulike, Ijemma	10	Heritage	J4-08.00
-- O'Malley, Katie	9	Dougherty Valley	NH
-- Guilliee, Brittany	11	Liberty	NH
-- Almassey, Kelsey	10	Freedom	NH
-- Johnson, Meredith	10	Las Lomas	NH
-- Haubert, Karissa	9	Dublin	NH
-- Volga, Michelle	9	Acalanes	NH

## Girls Pole Vault

Name	Year	School	Finals
=====			
NCS TV: R	12-05	5/19/2012	Cimran Viridi, Las Lomas
MOC At Large: @	10-07		
CIF At Large: \$	11-09		
Name	Year	School	Finals
=====			
1 Larson, Lauren	11	San Ramon Valley	11-01.00@
2 Sebaugh, Sierra	11	Pittsburg	10-07.00@
3 Quint, Lillian	12	Campolindo	J10-07.00@
4 Biekert, Emily	10	San Ramon Valley	10-01.00
5 Serame, Erica	12	Dougherty Valley	J10-01.00
6 Hatter, Lauren	10	San Ramon Valley	9-07.00
7 Trimble, Carolina	9	Las Lomas	J9-07.00
8 Sutton, Haley		Northgate	J9-07.00
8 Honig, Andrea	12	Livermore	J9-07.00
10 Yangorin, Elizabeth	10	Pittsburg	9-01.00
10 Craig, Jillian	11	Amador Valley	9-01.00
10 Freeman, Jessica	10	Liberty	9-01.00
10 Meyers, Emily	10	Carondelet	9-01.00
10 Butterfield, Mayuko		College Park	9-01.00
10 Protzen, Miranda	10	Campolindo	9-01.00
16 Chesnutt, Sonja		Northgate	8-07.00
16 Millington, Xhosh	11	Heritage	8-07.00
16 Fancey, Michelle	12	Liberty	8-07.00
19 Roos, Nikki	9	Acalanes	8-01.00
19 Swinton, Meg	11	Miramonte	8-01.00



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## ....Girls Pole Vault

-- Mullins, Meirra	Clayton Valley	NH
-- Gonzalez, Margarita	11 Pittsburg	NH
-- Dong, Rebecca	Northgate	NH
-- Mitchell, Casey	Clayton Valley	NH

## Girls Long Jump

=====

NCS TV: R 19-03 1996 Pia McAllister, Clayton Valley

MOC At Large: @ 17-04

CIF At Large: \$ 18-02

Name	Year	School	Finals	Wind
1 Reichenbach, Rachel	11	Foothill	18-05.00\$	NWI
2 Berry, Sydney	11	Heritage	17-03.00	NWI
3 Glickman, Courtney	12	California	17-02.50	NWI
4 Stewart, Tricia	12	Pittsburg	17-01.00	NWI
5 Biekert, Sydney	11	San Ramon Valley	17-00.50	NWI
6 Thomas, Anyel	11	San Ramon Valley	16-08.00	NWI
7 Mabrey, Jurnee	12	Dougherty Valley	16-04.50	NWI
8 Neuhooff, Megan	12	Heritage	16-02.50	NWI
9 Boer, Anna	12	Miramonte	16-02.00	NWI
10 Daquinag, Christine	12	Dublin	16-01.00	NWI
11 Jenkins, Jasmine	12	Dougherty Valley	15-11.50	NWI
11 Coffey, Arterarra	9	Deer Valley	15-11.50	NWI
13 Bergerhouse, Stefani	11	Liberty	15-11.00	NWI
14 Medor, Sara	12	Foothill	15-08.25	NWI
15 McCarthy, Rebekah	11	Liberty	15-07.50	NWI
15 Rose, Jackie		College Park	15-07.50	NWI
17 Johnson, Jordan		Clayton Valley	15-02.00	NWI
18 Guytinco, Katrina		College Park	15-00.25	NWI
19 Badyrelle, Janelle		Clayton Valley	14-08.50	NWI
20 Tuemmler, Andrea	11	Miramonte	14-04.25	NWI
21 Lehmer, Maddi		Northgate	14-04.00	NWI
22 Daynes, Jessica		Concord	14-00.25	NWI
-- Bernardo, Ashley	11	Campolindo	ND	NWI
-- Ketner, Alysse	12	Amador Valley	ND	NWI

## Girls Triple Jump

=====

NCS TV: R 38-03.75 2008 Ese Ntekume, Deer Valley

MOC At Large: @ 35-11.75

CIF At Large: \$ 38-06

Name	Year	School	Finals	Wind
1 Chenault, Christina	10	Carondelet	37-06.50@	NWI
2 Reichenbach, Rachel	11	Foothill	35-10.00	NWI
3 Hebert, Lillianna	10	California	35-09.00	NWI
4 Stewart, Tricia	12	Pittsburg	35-07.50	NWI
5 Biekert, Sydney	11	San Ramon Valley	34-11.50	NWI
6 Bergerhouse, Stefani	11	Liberty	33-07.25	NWI
7 Strout, Allison	12	Livermore	33-04.00	NWI
8 Bourri, Tatiana	10	Dublin	33-02.00	NWI
9 Butterfield, Mayuko		College Park	33-00.00	NWI
10 McCarthy, Rebekah	11	Liberty	32-11.00	NWI

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

## Track and Field Championships

## Granada High School, Livermore, CA

## Results - NCS Tri-Valley Championships

## ....Girls Triple Jump

11 Boer, Anna	12 Miramonte	32-10.50	NWI
12 Thomason, Meredith	9 Liberty	32-05.00	NWI
13 Neuhoff, Megan	12 Heritage	32-04.00	NWI
14 Griffin, Nicole	10 Liberty	32-03.50	NWI
15 Moon, Danielle	11 Dublin	32-01.50	NWI
16 Tuemmler, Andrea	11 Miramonte	31-10.00	NWI
17 Chesnutt, Sonja	Northgate	31-08.50	NWI
18 Thomas, Anyel	11 San Ramon Valley	31-08.00	NWI
18 Guytinco, Katrina	College Park	31-08.00	NWI
20 Lehmer, Maddi	Northgate	31-05.00	NWI
21 Stewart, Sarah	10 Miramonte	30-11.00	NWI
22 Bernardo, Ashley	11 Campolindo	30-01.00	NWI
-- Holt, Sara	Clayton Valley	ND	NWI
-- Simms, Nicole	Clayton Valley	ND	NWI

## Girls Shot Put

=====			
NCS TV: R 44-11.50	2000	Amada Garcia, Carondelet	
MOC At Large: @ 35-11.25			
CIF At Large: \$ 41-05			
Name	Year School	Finals	
=====			
1 Lassair, Tyra	11 Pittsburg	38-11.75@	
2 Kimber, Helen	10 California	38-00.75@	
3 Franklin, Keandra	12 Granada	35-11.25@	
4 Canty, Kyra	11 Deer Valley	35-09.00	
5 Vernoy, Megan	10 Heritage	35-00.25	
6 Aha, Yvonne	11 Monte Vista	34-07.50	
7 Alatini, Tisi	Clayton Valley	32-03.25	
8 Haefke, Selina	11 Alhambra	31-11.00	
9 Park, Tara	12 Amador Valley	31-03.00	
10 Wilkinson, Brianna	12 Acalanes	30-08.50	
11 Smith, Leelin	11 Deer Valley	29-10.00	
12 Mittebuscher, Brenda	12 Acalanes	29-08.50	
13 Haus, Bridget	Monte Vista	29-07.75	
14 Mabrey, Jurnee	12 Dougherty Valley	29-05.00	
15 DeCrescenzo, Laura	12 Campolindo	29-01.00	
16 Butler, Cassie	11 Las Lomas	29-00.75	
17 Burt, Skylar	12 Granada	28-10.00	
18 Rexhepi, Vjollca	Northgate	28-09.50	
19 Bridges, Leslie	Northgate	28-07.00	
20 Blaney, Isabella	Northgate	28-03.00	
21 Moore, Angela	11 Pittsburg	28-02.00	
22 Forrester, Gabrielle	Clayton Valley	27-06.00	
23 David, Caitlyn	10 Heritage	27-02.00	
24 Muonekaw, Bianca	Concord	27-01.00	

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

## Track and Field Championships

## Granada High School, Livermore, CA

## Results - NCS Tri-Valley Championships

## Girls Discus Throw

=====

NCS TV: R 141-03 2003 Alexaraee Toeaina, Pittsburg

MOC At Large: @ 113-02

CIF At Large: \$ 135-00

Name	Year	School	Finals
1 Lassair, Tyra	11	Pittsburg	128-07@
2 Park, Tara	12	Amador Valley	125-07@
3 Alatini, Tisi		Clayton Valley	113-02@
4 Butler, Cassie	11	Las Lomas	J113-02@
5 Kimber, Helen	10	California	112-03
6 Smith, Leelin	11	Deer Valley	108-04
7 David, Caitlyn	10	Heritage	108-01
8 Vernoy, Megan	10	Heritage	107-06
9 DeCrescenzo, Laura	12	Campolindo	107-05
10 Canty, Kyra	11	Deer Valley	105-07
11 Mabrey, Jurnee	12	Dougherty Valley	103-07
12 Day, Bree	12	Amador Valley	102-01
13 Aha, Yvonne	11	Monte Vista	101-05
14 Pettit, Ashligh	11	Livermore	92-06
15 Forrester, Gabrielle		Clayton Valley	90-04
16 Bridges, Leslie		Northgate	89-04
17 Daum, Maddy	10	Campolindo	86-06
18 Mali, Kara		Concord	86-04
19 Blaney, Isabella		Northgate	82-07
20 Burt, Skylar	12	Granada	80-04
21 Rexhepi, Vjollca		Northgate	78-11
22 Cero, Paige	10	Antioch	78-01
-- Woo, Taylor	10	Dougherty Valley	ND
-- Wilkinson, Brianna	12	Acalanes	ND

## Boys 100 Meter Dash

=====

NCS TV: R 10.64 2008 Taiwan Jones, Deer Valley

MOC At Large: @ 11.19

CIF At Large: \$ 10.65

Name	Year	School	Finals	Wind	H#
1 Morris, Marquis	11	DeLaSalle	10.90@	-0.1	3
2 Johnson, Karris	12	California	10.91@	-0.1	3
3 Mixon, Joe	11	Freedom	10.96@	-0.1	3
4 Lokula, Bennie	11	Livermore	11.07@	-0.1	3
5 Jackson, Ray		College Park	11.08@	0.2	2
6 Marion, Allan	12	DeLaSalle	11.11@	-0.1	3
7 Covington, Travon	12	Heritage	11.16@	-0.1	3
8 Charles, JaMaun	10	Amador Valley	11.21	-0.1	3
9 Anderson, Jordan	11	DeLaSalle	11.29	-0.1	3
10 Lewis, D'Maree'	12	Heritage	11.36	0.2	2
11 Williams, Zarius	11	Liberty	11.43	0.2	2
12 Webster, Nzuzi	11	Deer Valley	11.43	0.2	2
13 Levers, Cain	10	DeLaSalle	11.44	-0.1	3
14 White, Michael	11	Amador Valley	11.45	0.2	2
15 Do, Aaron	11	Dougherty Valley	11.45	0.3	1
16 Hernandez, Alex		Clayton Valley	11.47	0.2	2
17 Blaise, Carter	12	Heritage	11.55	0.2	2

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

## Track and Field Championships

## Granada High School, Livermore, CA

## Results - NCS Tri-Valley Championships

## ....Boys 100 Meter Dash

18 Davis, Ben	Clayton Valley	11.57	0.3	1
19 Jackson, Timmy	College Park	11.61	0.3	1
20 Kiragu, Lincoln	10 Las Lomas	11.63	0.3	1
21 Abdurrohman, Harits	11 Alhambra	11.65	0.3	1
22 burnett, nigel	11 Las Lomas	11.66	0.3	1
23 dage, ian	12 Las Lomas	11.75	0.2	2
24 Reed, Isaih	Clayton Valley	11.77	0.2	2
25 Sharpe, Jimmy	Northgate	11.77	0.3	1

## Boys 200 Meter Dash

=====

NCS TV: R 21.58 2001 Chris Costa, California

MOC At Large: @ 22.70

CIF At Large: \$ 21.63

Name	Year School	Finals	Wind	H#
1 Roberson, Darnell	12 Amador Valley	22.10@	1.4	3
2 Slaton, Josh	12 Amador Valley	22.22@	1.4	3
3 Langley, Isaiah	10 Foothill	22.51@	1.4	3
4 Lokula, Bennie	11 Livermore	22.58@	1.4	3
5 Hoffman, Ryan	12 Campolindo	22.63@	1.4	3
6 Wilson, Wade	11 San Ramon Valley	22.65@	1.4	3
7 Williams, Zarius	11 Liberty	22.76	1.4	3
8 Hernandez, Alex	Clayton Valley	23.01	1.4	3
9 Hughes, Harrison	11 Campolindo	23.04	-1.1	2
10 Olayomi, Adeola	12 Dublin	23.22	-1.1	2
11 Hinn, Sam	10 Heritage	23.35	-1.1	2
12 Levers, Cain	10 DeLaSalle	23.37	-1.1	2
13 Oseguera, Ivan	11 Liberty	23.48	-0.5	1
14 Ihenacho, Obinnaya	12 Heritage	23.51	-1.1	2
15 White, E.J.	12 Deer Valley	23.53	-1.1	2
16 dage, ian	12 Las Lomas	23.69	-1.1	2
17 Jones, Ryan	10 Dublin	23.71	-0.5	1
18 Sari, Garrett	Northgate	24.23	-0.5	1
19 Blasingame, Philip	Northgate	24.38	-0.5	1

## Boys 400 Meter Dash

=====

NCS TV: R 47.64 2006 David Klech, California

MOC At Large: @ 50.02

CIF At Large: \$ 48.59

Name	Year School	Finals	H#
1 Kurtz, Frank	11 Heritage	47.85\$	3
2 Griffin, Kevin	11 DeLaSalle	48.26\$	3
3 Hamlin, LaVelle	12 Deer Valley	48.42\$	3
4 Slaton, Josh	12 Amador Valley	48.98@	3
5 Hoffman, Ryan	12 Campolindo	49.64@	3
6 Brown, Jason	11 Antioch	50.79	3
7 Hennies, Alex	11 Acalanes	50.85	2
8 Ihenacho, Obinnaya	12 Heritage	51.11	3
9 Lillig, Ben	12 California	51.26	2
10 Hochhaus, Kohlden	12 Las Lomas	51.37	2
11 Huggins, Alexander	11 Dublin	51.68	3

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

## Track and Field Championships

## Granada High School, Livermore, CA

## Results - NCS Tri-Valley Championships

## ....Boys 400 Meter Dash

12 Spencer, James	10 Dougherty Valley	51.70	2
13 Johnson, Deonta	12 Deer Valley	51.84	2
14 McDonald, Ryan	12 Foothill	51.98	2
15 O'Brien, Charles	10 Miramonte	52.10	2
16 Lovick, Brad	Clayton Valley	52.13	2
17 Gomez-Paez, Ruben	11 Freedom	52.50	2
18 Blasingmae, Philip	Northgate	52.53	1
19 Tabone, Andrew	College Park	52.59	1
20 Bonner, Kofi	Northgate	54.48	1
21 Strange, Doug	College Park	56.09	1
-- Griffith, David	11 San Ramon Valley	FS	3

## Boys 800 Meter Run

=====

NCS TV: R 1:53.80 2010 Kevin Griffith, San Ramon V  
MOC At Large: @ 1:56.74  
CIF At Large: \$ 1:52.92

Name	Year School	Finals	
1 Faulkner, Adler	12 Acalanes	1:55.53@	
2 Mayer, Cody	11 Liberty	1:58.28	
3 Marson, Parker	College Park	1:59.42	
4 Jafarkhani, Nima	12 Granada	1:59.45	
5 Demeko-Ousman, Solomon	11 Heritage	1:59.53	
6 Reamy, Jack	Northgate	1:59.79	
7 Timbrell, Joel	12 Alhambra	1:59.82	
8 Aldana, Christian	10 California	2:00.05	
9 Porter, Nathan	12 DeLaSalle	2:01.15	
10 Fuentes, Anthony	Clayton Valley	2:01.18	
11 Wilke, Carl	12 San Ramon Valley	2:01.25	
12 Haufler, Brian	10 Miramonte	2:01.44	
13 Sun, Cameron	12 Campolindo	2:01.93	
14 Vickroy, Jamie	12 Dougherty Valley	2:01.95	
15 Winter, Nickolas	12 Granada	2:02.31	
16 Phair, David	College Park	2:03.35	
17 Geislinger, Max	11 Deer Valley	2:04.46	
18 Castro, Israel	10 Pittsburg	2:06.61	
19 Buscemi, Andrew	Ygnacio Valley	2:07.13	
20 Sheehy, James	Northgate	2:07.84	
21 Tamminga, Mark	12 Miramonte	2:08.73	
22 Lowery, Perez	12 Pittsburg	2:09.13	
23 Threatt, Jamari	12 Deer Valley	2:12.28	
-- McKinnon, Conner	11 Amador Valley	DQ	Cut in early

## Boys 1600 Meter Run

=====

NCS TV: R 4:15.26 1996 Micheil Jones, Livermore  
MOC At Large: @ 4:20.58  
CIF At Large: \$ 4:16.38

Name	Year School	Finals	
1 Hurlock, Blair	11 DeLaSalle	4:15.82\$	
2 Olson, Tyler	11 Livermore	4:19.10@	
3 Wang, Michael	11 Acalanes	4:20.77	

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

## Track and Field Championships

## Granada High School, Livermore, CA

## Results - NCS Tri-Valley Championships

## ....Boys 1600 Meter Run

4	Tamminga, Mark	12	Miramonte	4:21.01
5	Leary, Patrick	12	Livermore	4:21.60
6	Hanson, Tyler	12	Miramonte	4:21.69
7	Stalters, Danny		Northgate	4:21.70
8	Schlachte, Jacob	12	Amador Valley	4:21.90
9	Read, Dillon	12	Miramonte	4:23.00
10	Intravaia, Jason	11	San Ramon Valley	4:27.23
11	Pena, Noah	12	Heritage	4:27.69
12	Haufler, Brian	10	Miramonte	4:30.93
13	Phair, David		College Park	4:33.71
14	Lenci, Aaron	12	Liberty	4:33.73
15	Friel, Nick		Ygnacio Valley	4:35.19
16	Drees, Jacob	10	Heritage	4:35.76
17	swain, kailen	11	Las Lomas	4:39.24
18	Beston, Zach	10	Amador Valley	4:39.58
19	Comar, Nathaniel		College Park	4:42.20
20	Bunting, Cameron	11	Heritage	4:43.02
21	Trost, Ronnie		Concord	4:45.54
22	McLane, Quinten		Clayton Valley	4:47.83
23	Grovhoug, Nathan	10	Heritage	4:50.00
24	Hodgson, Robert	9	Liberty	4:56.13

## Boys 3200 Meter Run

=====

NCS TV: R 9:20.81 2004 Scott Bauhs, San Ramon Vall

MOC At Large: @ 9:31.41

CIF At Large: \$ 9:09.03

Name	Year	School	Finals	
1	Hurlock, Blair	11	DeLaSalle	9:26.07@
2	Goltra, Aidan	11	Campolindo	9:31.28@
3	Hanson, Tyler	12	Miramonte	9:31.70
4	Stalters, Danny		Northgate	9:32.26
5	Williams, Luke	11	DeLaSalle	9:33.40
6	Hathaway, Adam	12	Campolindo	9:35.96
7	Hanze, Zach	12	San Ramon Valley	9:37.87
8	Gaskell, Cameron	9	Acalanes	9:41.25
9	Cröse, Jackson	10	Livermore	9:43.37
10	Schumann, Matt	10	DeLaSalle	9:44.06
11	Pena, Noah	12	Heritage	9:55.62
12	Condon, Danny		Clayton Valley	9:57.17
13	Fajardo, Joey	12	Freedom	9:58.28
14	McCarthy, Connor	12	Amador Valley	9:58.42
15	Sisario, Michael	12	Dougherty Valley	10:00.25
16	Lenci, Aaron	12	Liberty	10:00.91
17	Drees, Jacob	10	Heritage	10:01.89
18	Zamanian, Charlie	11	Miramonte	10:11.79
19	McKenzie, Shane		College Park	10:39.19
20	Wence, Eduardo		Clayton Valley	10:40.31
21	Demeko-Ousman, Solomon	11	Heritage	10:48.29
22	Williams, Brennan		College Park	10:50.57
23	Solis, Jonathan		Ygnacio Valley	10:52.78
24	Gonzalez, Carlos	9	Pittsburg	10:59.11

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

## Track and Field Championships

## Granada High School, Livermore, CA

## Results - NCS Tri-Valley Championships

## Boys 110 Meter Hurdles

NCS TV: R 13.85 2006		David Klech, California		
MOC At Large: @ 15.45				
CIF At Large: \$ 14.40				
Name	Year	School	Finals	Wind H#
1 Morris, Marquis	11	DeLaSalle	14.26\$	-0.3 3
2 Peters, Sam	12	Amador Valley	14.67@	-0.3 3
3 speck, connor	12	Las Lomas	14.89@	-0.3 3
4 Pfaff, Brian	12	Campolindo	15.56	-0.3 3
5 Schneider, Mike		Northgate	15.59	-0.3 3
6 Marcotte, Michael	12	DeLaSalle	15.64	-0.3 3
7 Blackburn, Roger		Concord	15.80	-0.3 3
8 Mandich, Ryan		Northgate	15.93	-0.2 2
9 Fuller, Kamron	12	Granada	16.09	-0.3 3
10 Oliver, Dwaine		Clayton Valley	16.32	-0.2 2
11 Harland-Dunaway, Marcus	11	Campolindo	16.37	-0.2 2
12 Chiba, Taiki	11	Acalanes	16.42	-0.2 2
13 Patel, Jaymal	12	Granada	16.80	-0.2 2
14 Obodo, Isaac	11	Heritage	17.04	-0.2 2
15 Schneider, Scott		Northgate	17.08	-0.8 1
16 Locke, Andrew		Northgate	17.18	-0.8 1
17 Brown, Landon	11	Heritage	17.30	-0.8 1
18 Stuertzt, Ian	10	California	17.31	-0.2 2
19 Ernest, Simeon	10	Heritage	17.40	-0.8 1
20 Whitley, Cole	11	Campolindo	17.46	-0.8 1
21 Nobida, Joshua	10	Dublin	17.90	-0.2 2
22 Burnes, Daniel	10	Heritage	21.65	-0.8 1
-- Olender, Jack	10	Heritage	DQ	-0.3 3 Trail leg violation

## Boys 300 Meter Hurdles

NCS TV: R 36.18 2005		David Klech, California		
MOC At Large: @ 40.53				
CIF At Large: \$ 38.10				
Name	Year	School	Finals	H#
1 Peters, Sam	12	Amador Valley	37.89\$	3
2 Hamlin, LaVelle	12	Deer Valley	38.48@	3
3 speck, connor	12	Las Lomas	40.08@	3
4 Covington, Travon	12	Heritage	40.09@	3
5 Marcotte, Michael	12	DeLaSalle	40.63	2
6 Tyler, Colton	12	Monte Vista	40.90	3
7 Griffith, David	11	San Ramon Valley	40.97	2
8 Schneider, Mike		Northgate	41.27	3
9 Mandich, Ryan		Northgate	41.55	2
10 Ewing, Parker		Clayton Valley	41.64	2
11 Chiba, Taiki	11	Acalanes	41.92	2
12 Olender, Jack	10	Heritage	42.07	1
13 Pfaff, Brian	12	Campolindo	42.10	3
14 Brown, Jason	11	Antioch	42.17	2
15 Harland-Dunaway, Marcus	11	Campolindo	42.17	2
16 Patel, Jaymal	12	Granada	42.47	1
17 VanHeuit, Andy	12	Campolindo	43.04	3
18 Spencer, Blaine	11	Heritage	43.25	2

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

## Track and Field Championships

## Granada High School, Livermore, CA

## Results - NCS Tri-Valley Championships

## ....Boys 300 Meter Hurdles

19 Shultz, Steven	10 Liberty	43.50	2
20 Adeleye, Alex	12 Dougherty Valley	43.54	1
21 Oliver, Dwaine	Clayton Valley	45.83	1
22 Wright, David	College Park	45.95	1
23 Friel, Ryan	Ygnacio Valley	46.36	1
-- Morris, Marquis	11 DeLaSalle	DQ	3 Trail leg violation

## Boys 4x100 Meter Relay

NCS TV: R 41.80 1995		Berkeley	
MOC At Large: @ 44.09			
CIF At Large: \$ 41.87			
School		Finals	H#
1 Heritage 'A'		42.32@	3
1) Blaise, Carter 12	2) Covington, Travon 12		
3) Lewis, D'Maree' 12	4) Kurtz, Frank 11		
2 Deer Valley 'A'		42.97@	1
1) Johnson, Adonis 11	2) Hamlin, LaVelle 12		
3) Webster, Nzuzi 11	4) Webster, Nsimba 11		
3 Livermore 'A'		43.37@	3
1) Lokula, Bennie 11	2) Kasten, Andrei 11		
3) McCollough, Ledre 9	4) House, Jacob 11		
4 Clayton Valley 'A'		43.58@	3
1) Ewing, Parker	2) Hernandez, Alex		
3) Lovick, Brad	4) Davis, Ben		
5 California 'A'		43.74@	2
1) Aganjuomo, Olu 11	2) Uwakwe, Victor 11		
3) Anderson, Ian 12	4) Johnson, Karris 12		
6 Dublin 'A'		43.81@	2
1) Lockett, Jalen 11	2) Jones, Ryan 10		
3) Olayomi, Adeola 12	4) Huggins, Alexander 11		
7 Liberty 'A'		44.02@	2
1) Cruz, Walter 10	2) Williams, Zarius 11		
3) Oseguera, Ivan 11	4) Jackson, Joshua 11		
8 College Park 'A'		44.02@	3
1) Vargas, Erin	2) Jackson, Timmy		
3) Hernandez, Edgar	4) Jackson, Ray		
9 Freedom 'A'		44.07@	3
1) Gomez-Paez, Ruben 11	2) DelPrado, Cristian 11		
3) Schmidt, Clayton 11	4) Mixon, Joe 11		
10 Campolindo 'A'		44.12	3
1) Lothamer, Parker 10	2) Hughes, Harrison 11		
3) Galindo, Robert 12	4) Hoffman, Ryan 12		
11 Dougherty Valley 'A'		44.20	2
1) Lim, Jonathan 12	2) Do, Aaron 11		
3) McTear, Kaleb 10	4) Johnson, Dean 11		
12 Las Lomas 'A'		44.30	2
1) hill, kyle 12	2) dage, ian 12		
3) Kiragu, Lincoln 10	4) burnett, nigel 11		
13 Monte Vista 'A'		44.30	3
1) Cook, Connor 12	2) Wali, Aaron 12		
3) Mensendiek, Erik 11	4) DeMaio, Jacob 11		
14 Miramonte 'A'		44.36	2



## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

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**Granada High School, Livermore, CA**  
**Results - NCS Tri-Valley Championships**

**....Boys 4x100 Meter Relay**

1) Duetz, Marshall 12	2) O'Brien, Charles 10		
3) Morris, Jack 12	4) Fuller, Will 11		
15 Alhambra 'A'		44.52	2
1) Foster, Ciazonne 10	2) Abdurrohman, Harits 11		
3) Gonzalez, Jose 12	4) Farwell, Keith 12		
16 Pittsburg 'A'		44.79	2
1) Carter, Daniel 12	2) Sohan, Jabrill 11		
3) Sheppard, Daniel 11	4) Reynoso, Angel 10		
17 Foothill 'A'		45.06	1
1) Quero, Nicolas 12	2) Langley, Isaiah 10		
3) Quistgard, Cale 10	4) Holland, Jamirr 11		
18 Northgate 'A'		45.10	2
1) Sari, Garrett	2) Sharpe, Jimmy		
3) Blasingame, Philip	4) Smith, Jake		
19 Concord 'A'		46.92	1
1) Carranza, Edgar	2) Kendrix, Darryl		
3) Tara, Matthew	4) Geiser, Ben		
-- Amador Valley 'A'		DNF	3
1) White, Michael 11	2) Charles, JaMaun 10		
3) Slaton, Josh 12	4) Roberson, Darnell 12		
-- DeLaSalle 'A'		DNF	3
1) Marion, Allan 12	2) Morris, Marquis 11		
3) Aliotti, Hunter 12	4) Griffin, Kevin 11		

**Boys 4x400 Meter Relay**

=====			
NCS TV: R 3:19.39	2011	Amador Valley, Amador Valley	
		J Chen, J Slaton, D Roberson, N Bayley	
MOC At Large: @ 3:25.31			
CIF At Large: \$ 3:18.09			
School		Finals	H#
=====			
1 Amador Valley 'A'		3:19.90@	3
1) Charles, JaMaun 10	2) Peters, Sam 12		
3) Roberson, Darnell 12	4) Slaton, Josh 12		
2 DeLaSalle 'A'		3:22.65@	3
1) Griffin, Kevin 11	2) Morris, Marquis 11		
3) Marion, Allan 12	4) Baldacci, Matthew 12		
3 Heritage 'A'		3:25.41	3
1) Ihenacho, Obinnaya 12	2) Covington, Travon 12		
3) Winding, Adam 9	4) Kurtz, Frank 11		
4 Campolindo 'A'		3:25.52	3
1) Lothamer, Parker 10	2) Hughes, Harrison 11		
3) VanHeuit, Andy 12	4) Hoffman, Ryan 12		
5 Las Lomas 'A'		3:26.12	3
1) Walker, Djamani 11	2) Hochhaus, Kohlden 12		
3) Kane, Jack 9	4) speck, connor 12		
6 San Ramon Valley 'A'		3:27.19	3
1) Griffith, David 11	2) Wilke, Carl 12		
3) Darling, Ryan 11	4) Wilson, Wade 11		
7 Deer Valley 'A'		3:30.31	3
1) Johnson, Adonis 11	2) Hamlin, LaVelle 12		
3) Threatt, Jamari 12	4) Johnson, Deonta 12		
8 Miramonte 'A'		3:30.74	2

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

## Track and Field Championships

## Granada High School, Livermore, CA

## Results - NCS Tri-Valley Championships

## ....Boys 4x400 Meter Relay

1) Morris, Jack 12	2) Downey, Nathan 11	
3) Fuller, Will 11	4) O'Brien, Charles 10	
9 Acalanes 'A'		3:31.87 3
1) Hennies, Alex 11	2) Comly, Nick 10	
3) Wang, Michael 11	4) Faulkner, Adler 12	
10 Monte Vista 'A'		3:32.44 3
1) Tyler, Colton 12	2) Wali, Aaron 12	
3) DeMaio, Jacob 11	4) Mensendiek, Erik 11	
11 Livermore 'A'		3:32.89 2
1) Garcia, Brian 12	2) McCollough, Ledre 9	
3) Lokula, Bennie 11	4) Olson, Tyler 11	
12 Pittsburg 'A'		3:34.48 2
1) Bartolo, Joey 10	2) Austin, Diallo 10	
3) Sanders, DJ 10	4) Brown, Montel 12	
13 Freedom 'A'		3:36.94 2
1) Zamora, Ezra 12	2) DelPrado, Cristian 11	
3) Mortersen, Justin 11	4) Gomez-Paez, Ruben 11	
14 College Park 'A'		3:36.99 2
1) Hernandez, Edgar	2) Phair, David	
3) Marson, Parker	4) Tabone, Andrew	
15 Liberty 'A'		3:37.26 1
1) Mayer, Cody 11	2) Williams, Zarius 11	
3) Shultz, Steven 10	4) Oseguera, Ivan 11	
16 California 'A'		3:37.58 2
1) Aldana, Christian 10	2) Stuertz, Ian 10	
3) Randall, Tyler 11	4) Lillig, Ben 12	
17 Clayton Valley 'A'		3:37.90 2
1) Guzman, Jeremy	2) Ewing, Parker	
3) Fuentes, Anthony	4) Lovick, Brad	
18 Northgate 'A'		3:38.73 1
1) Sari, Garrett	2) Sharpe, Jimmy	
3) Blasingame, Philip	4) Smith, Jake	
19 Alhambra 'A'		3:41.73 2
1) Abdurrohman, Harits 11	2) Bonner, J'Bari 11	
3) Robinson, Jack 11	4) Farwell, Keith 12	
20 Ygnacio Valley 'A'		3:45.48 1
1) Villegas, Jonathan	2) Ruiz, Fernando	
3) Buscemi, Andrew	4) Hernandez, Adrian	
21 Concord 'A'		3:49.41 1
1) Tara, Matthew	2) Diaz, Adrian	
3) Carranza, Edgar	4) Geiser, Ben	

## Boys High Jump

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NCS TV: R 6-10 5/19/2012 Noel Frazier, California

MOC At Large: @ 6-02

CIF At Large: \$ 6-05

Name	Year School	Finals
1 matthews, edwin	12 Las Lomas	6-08.00\$
2 Tyler, Matt	12 Granada	6-05.00\$
3 Brown, Montel	12 Pittsburg	6-04.00@
4 Foote, Drake	11 Livermore	J6-04.00@
5 Williams, Jeremy	11 Granada	6-03.00@

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

## Track and Field Championships

## Granada High School, Livermore, CA

## Results - NCS Tri-Valley Championships

## ....Boys High Jump

6 Chaffee, Stokley	10 Amador Valley	6-02.00@
6 Kasten, Andrei	11 Livermore	6-02.00@
8 Foote, Brad	11 Liberty	6-00.00
9 Millinder, Darrell	10 Dublin	J6-00.00
10 Pfaff, Brian	12 Campolindo	J6-00.00
11 Godkin, Sean	10 DeLaSalle	5-10.00
11 Assael, Max	College Park	5-10.00
11 Robinson, Jack	11 Alhambra	5-10.00
14 Richmond, Mark	10 Deer Valley	5-08.00
14 Fuller, Will	11 Miramonte	5-08.00
-- Jagers, Nathan	Clayton Valley	NH
-- Hoopes, Mitchell	College Park	NH
-- Pascal, Sterling	Clayton Valley	NH
-- Banks, Devin	Clayton Valley	NH
-- Haynes, Eric	Northgate	NH
-- Obodo, Isaac	11 Heritage	NH
-- Mace, Parker	10 Heritage	NH
-- rutledge, ethan	12 Las Lomas	NH
-- Burnes, Daniel	10 Heritage	NH

## Boys Pole Vault

=====

NCS TV: R 17-00 2008 Justin Miller, California

MOC At Large: @ 13-04

CIF At Large: \$ 15-04

Name	Year School	Finals
1 Bishop, Clint	12 Liberty	14-04.00@
2 Villagran, Alex	12 DeLaSalle	13-10.00@
3 Yau, Martin	11 Dublin	13-04.00@
4 Fancey, Michael	10 Liberty	J13-04.00@
5 Tamura, TJ	College Park	J13-04.00@
6 Bertolero, Alexander	11 Monte Vista	J13-04.00@
7 Mai, Kevin	12 DeLaSalle	J13-04.00@
8 Giessman, Matt	11 Liberty	12-10.00
8 Mallott, Joe	Northgate	12-10.00
8 O'Brien, Sean	11 San Ramon Valley	12-10.00
8 Smith, Louis	10 San Ramon Valley	12-10.00
8 Halili, Anjo	12 Monte Vista	12-10.00
13 Goncalvus, Harley	11 Pittsburg	12-04.00
13 Downey, Nathan	11 Miramonte	12-04.00
13 Ainslie, Kenneth	12 Dublin	12-04.00
16 Bertics, Andrew	11 Acalanes	11-10.00
17 Sanders, Johnnie	12 Pittsburg	11-04.00
17 Wang, Chris	12 Dougherty Valley	11-04.00
19 Bricklin, Jared	Northgate	10-10.00
19 Vasquez, Tony	College Park	10-10.00
21 Goodrich, Gryphon	12 Campolindo	10-04.00
21 Alegria, Josh	Northgate	10-04.00
-- Drake, Tim	10 Liberty	NH
-- Broomand, Neekon	College Park	NH

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

## Track and Field Championships

## Granada High School, Livermore, CA

## Results - NCS Tri-Valley Championships

## Boys Long Jump

Name	Year	School	Finals	Wind
=====				
NCS TV: R 23-05.25 5/19/2012 Damariay Drew, Livermore				
MOC At Large: @ 21-10				
CIF At Large: \$ 22-08				
Name	Year	School	Finals	Wind
=====				
1 Tyler, Matt	12	Granada	22-06.75@	NWI
2 Blaise, Carter	12	Heritage	22-06.00@	NWI
3 Webster, Nsimba	11	Deer Valley	22-04.00@	NWI
4 Webster, Nzuzi	11	Deer Valley	21-08.75	NWI
5 Johnson, Adonis	11	Deer Valley	21-08.50	NWI
6 Cook, Connor	12	Monte Vista	21-05.25	NWI
7 Venet, Teva	12	Granada	20-10.75	NWI
8 matthews, edwin	12	Las Lomas	20-10.00	NWI
9 White, Michael	11	Amador Valley	20-07.50	NWI
10 Main, Stephen	12	Acalanes	20-07.00	NWI
11 Houghton, Trevor	12	Livermore	20-03.50	NWI
12 Velasquez, Jordan		Clayton Valley	20-00.50	NWI
13 Nguyen, Kevin	12	DeLaSalle	19-11.00	NWI
13 Blackburn, Roger		Concord	19-11.00	NWI
15 Jackson, Ray		College Park	19-10.25	NWI
16 Winding, Adam	9	Heritage	19-09.00	NWI
17 Whitmire, Devin	9	Heritage	19-03.00	NWI
18 Tran, Justin	12	Dougherty Valley	19-02.75	NWI
19 Duetz, Marshall	12	Miramonte	19-01.00	NWI
20 Bismillah, Malik	12	Dougherty Valley	19-00.25	NWI
21 Makrakis, Nick		Northgate	18-09.25	NWI
22 Saribay, Calvin	10	Acalanes	18-02.25	NWI
23 Jagers, Nathan		Clayton Valley	15-09.75	NWI

## Boys Triple Jump

Name	Year	School	Finals	Wind
=====				
NCS TV: R 49-00 2009 Hamed Suleman, Deer Valley				
MOC At Large: @ 44-06.50				
CIF At Large: \$ 46-10				
Name	Year	School	Finals	Wind
=====				
1 Davis, Christopher	11	Liberty	45-01.75@	NWI
2 Webster, Nsimba	11	Deer Valley	45-00.25@	NWI
3 Blaise, Carter	12	Heritage	43-11.00	NWI
4 Main, Stephen	12	Acalanes	43-05.50	NWI
5 Webster, Nzuzi	11	Deer Valley	43-05.00	NWI
6 Tyler, Matt	12	Granada	43-03.75	NWI
7 Bismillah, Malik	12	Dougherty Valley	42-06.50	NWI
8 Venet, Teva	12	Granada	42-03.50	NWI
9 Veal, Frankie	11	Liberty	41-11.00	NWI
10 Nguyen, Kevin	12	DeLaSalle	41-06.75	NWI
11 Mortersen, Justin	11	Freedom	41-06.25	NWI
12 Oliver, Dwaine		Clayton Valley	41-05.00	NWI
13 Tang, Michael	11	Foothill	40-05.50	NWI
14 rutledge, ethan	12	Las Lomas	40-01.50	NWI
15 Mayer, Adam	10	DeLaSalle	40-01.00	NWI
16 hill, kyle	12	Las Lomas	39-11.50	NWI
17 Moore, Justin	12	Granada	39-07.00	NWI
18 Makrakis, Nick		Northgate	38-11.25	NWI

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships****....Boys Triple Jump**

19 Jackson, Timmy	College Park	38-08.50	NWI
20 Llacuna, Kimo	Northgate	38-07.75	NWI
21 Jagers, Nathan	Clayton Valley	38-06.75	NWI
22 Lothamer, Parker	10 Campolindo	38-00.00	NWI
23 Bergen, Eli	Concord	35-07.25	NWI
-- Saribay, Calvin	10 Acalanes	ND	NWI

**Boys Shot Put**

=====

NCS TV: R 62-11 2008 Chris Krychev, Monte Vista

MOC At Large: @ 49-09.25

CIF At Large: \$ 57-00

Name	Year School	Finals
1 Esparza, Matthew	12 Amador Valley	57-02.25\$
2 Moore, Max	Northgate	54-09.75@
3 Thomas, Matt	11 Acalanes	51-06.00@
4 Kerstetter, Frankie	11 Livermore	49-11.25@
5 Davies, Jonathan	12 Monte Vista	48-10.00
6 Vickers, Nate	12 Amador Valley	48-05.25
7 Mostafavi, Amir	11 Heritage	47-10.00
8 Lim, Brandon	11 San Ramon Valley	46-09.00
9 Powell, DeAngelo	11 Pittsburg	46-06.50
10 Sharpe, Jimmy	Northgate	45-01.25
11 Janzen, Jacob	11 Heritage	43-11.50
12 Pierson, Dakarea	12 Pittsburg	43-02.25
13 Sherman, Kevin	12 Amador Valley	43-02.00
14 Fifita, Oleni	11 Heritage	42-09.00
15 Fifita, Siolaa Joe	12 Heritage	42-00.00
16 Smith, Jake	Northgate	41-04.00
17 Thomas, Eric	12 Acalanes	41-01.00
18 Rudolph, Ondre	12 Dublin	40-00.75
18 Ceasar, Sires	12 Alhambra	40-00.75
20 brunner, henry	11 Las Lomas	39-09.50
21 Pettus, Cooper	Clayton Valley	39-08.50
22 Cremins, Sean	Northgate	37-02.50
23 King, Jake	Clayton Valley	36-04.25
24 Katsarelis, Nick	12 Dublin	36-01.25

**Boys Discus Throw**

=====

NCS TV: R 186-00 2010 Zach Coniglio, Alhambra

MOC At Large: @ 150-07

CIF At Large: \$ 171-03

Name	Year School	Finals
1 Esparza, Matthew	12 Amador Valley	171-02@
2 Thomas, Matt	11 Acalanes	164-04@
3 Moore, Max	Northgate	163-08@
4 Kerstetter, Frankie	11 Livermore	153-04@
5 Anderson, Ian	12 California	150-10@
6 Cerdas, Jesse	12 Amador Valley	148-08
7 Blackburn, Roger	Concord	148-07
8 Vickers, Nate	12 Amador Valley	145-06

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/18/2013

## Track and Field Championships

## Granada High School, Livermore, CA

## Results - NCS Tri-Valley Championships

## ....Boys Discus Throw

9 Dalton, Cody	11 Monte Vista	145-03
10 Mostafavi, Amir	11 Heritage	140-11
11 Rudolph, Ondre	12 Dublin	139-02
12 Katsarelis, Nick	12 Dublin	128-00
13 Bauman, Luke	12 Liberty	120-03
14 Lassair, Tyrell	11 Pittsburg	120-00
15 Buchman, Cal	11 Acalanes	117-00
16 Pierson, Dakarea	12 Pittsburg	116-04
17 Pettus, Cooper	Clayton Valley	116-02
18 Sharpe, Jimmy	Northgate	109-03
19 sanchez, fernando	12 Las Lomas	106-03
20 Padilla, Sebastion	Concord	104-00
21 Paniagua, Antonio	11 Heritage	93-07
22 Villegas, Jonathan	Ygnacio Valley	83-10
-- Larkin, Austin	12 Dougherty Valley	ND
-- DeFlores, Griffin	10 Heritage	ND

 =====  
 Women - Team Rankings - 16 Events Scored  
 =====

1) Deer Valley	85	2) Granada	57
3) California	56	4) Pittsburg	51
5) San Ramon Valley	27	5) Amador Valley	27
5) Foothill	27	8) Clayton Valley	26
9) Monte Vista	25	10) Campolindo	24
11) Carondelet	22	12) Dublin	16
13) Freedom	14	14) Heritage	10
14) College Park	10	16) Miramonte	6
16) Las Lomas	6	18) Dougherty Valley	3
18) Acalanes	3	20) Liberty	1

 =====  
 Men - Team Rankings - 16 Events Scored  
 =====

1) Amador Valley	72.50	2) DeLaSalle	70
3) Heritage	46	4) Deer Valley	44
5) Livermore	36.50	6) Acalanes	34
7) Liberty	32	8) Granada	25
9) Las Lomas	24	10) Campolindo	21
10) Northgate	21	12) California	12
13) Miramonte	11	14) College Park	10
15) Dublin	7	16) Foothill	6
16) Pittsburg	6	16) Freedom	6
19) Monte Vista	5	20) Clayton Valley	4
21) San Ramon Valley	2	22) Antioch	1