

Campolindo High School
COUGAR CROSS COUNTRY
2024
DAL League Results

9-25-24 DAL Center Meet
Hidden Valley Park, Martinez

VARSITY BOYS

Campolindo 15, Acalanes 44
Campolindo 15, Alhambra 42
Campolindo 15, Benicia 50
Campolindo 15, Berean Christian 50
Campolindo 15, Clayton Valley 43
Campolindo 26, College Park 29
Campolindo 15, Concord 50
Campolindo 20, Las Lomas 39
Campolindo 22, Miramonte 33
Campolindo 15, Mt. Diablo INC.
Campolindo 15, Northgate 48
Campolindo 15, Ygnacio Valley 50

VARSITY GIRLS

Campolindo 19, Acalanes 39
Campolindo 15, Alhambra 50
Campolindo 15, Benicia 50
Campolindo 15, Berean Christian INC.
Campolindo 15, Clayton Valley 47
Campolindo 15, College Park 49
Campolindo 15, Concord 50
Campolindo 15, Las Lomas INC.
Campolindo 17, Miramonte 41
Campolindo 15, Mt. Diablo INC.
Campolindo 19, Northgate 36
Campolindo 15, Ygnacio Valley INC.

JUNIOR VARSITY BOYS

Campolindo 15, Acalanes INC.
Campolindo 15, Alhambra 48
Campolindo 17, Benicia 46
Campolindo 15, Berean Christian INC.
Campolindo 17, Clayton Valley 44
Campolindo 21, College Park 35
Campolindo 15, Concord 50
Campolindo 17, Las Lomas 43
Campolindo 25, Miramonte 30
Campolindo 15, Mt. Diablo INC.
Campolindo 22, Northgate 33
Campolindo 15, Ygnacio Valley INC.

JUNIOR VARSITY GIRLS

Campolindo 15, Acalanes 43
Campolindo 15, Alhambra INC.
Campolindo 15, Benicia 40
Campolindo 15, Berean Christian INC.
Campolindo 15, Clayton Valley INC.
Campolindo 15, College Park INC.
Campolindo 15, Concord INC.
Campolindo 15, Las Lomas DQ
Campolindo 15, Miramonte 42
Campolindo 15, Mt. Diablo INC.
Campolindo 27, Northgate 29
Campolindo 15, Ygnacio Valley DQ

FROSH SOPH BOYS

Campolindo 15, Acalanes 50
Campolindo 15, Alhambra INC.
Campolindo 15, Benicia 50
Campolindo 15, Berean Christian 50
Campolindo 15, Clayton Valley 45
Campolindo 18, College Park 40
Campolindo 15, Concord 50
Campolindo 26, Las Lomas 31
Campolindo 15, Miramonte 45
Campolindo 15, Mt. Diablo INC.
Campolindo 18, Northgate 41
Campolindo 15, Ygnacio Valley INC.

FROSH SOPH GIRLS

Campolindo 23, Acalanes 32
Campolindo 15, Alhambra INC.
Campolindo 23, Benicia 33
Campolindo 15, Berean Christian INC.
Campolindo 15, Clayton Valley INC.
Campolindo 21, College Park 36
Campolindo 15, Concord INC.
Las Lomas 19, Campolindo 38
Miramonte 20, Campolindo 37
Campolindo 15, Mt. Diablo INC.
Campolindo 26, Northgate 31
Campolindo 15, Ygnacio Valley INC.

10-30-24 DAL Center Meet
Newhall Park, Concord

VARSITY BOYS

Campolindo 15, Acalanes 49
Campolindo 15, Alhambra 50
Campolindo 15, Benicia 50
Campolindo 15, Berean Christian 50
Campolindo 15, Clayton Valley 50
Campolindo 25, College Park 34
Campolindo 15, Concord 50
Campolindo 20, Las Lomas 41
Campolindo 24, Miramonte 33
Campolindo 15, Mt. Diablo INC.
Campolindo 15, Northgate 50
Campolindo 15, Ygnacio Valley INC.

VARSITY GIRLS

Campolindo 16, Acalanes 40
Campolindo 15, Alhambra 45
Campolindo 15, Benicia 44
Campolindo 15, Berean Christian INC.
Campolindo 15, Clayton Valley 44
Campolindo 15, College Park 44
Campolindo 15, Concord 45
Campolindo 18, Las Lomas 37
Campolindo 16, Miramonte 39
Campolindo 15, Mt. Diablo INC.
Campolindo 18, Northgate 37
Campolindo 15, Ygnacio Valley INC.

JUNIOR VARSITY BOYS

Campolindo 15, Acalanes 50
Campolindo 15, Alhambra INC.
Campolindo 15, Benicia INC.
Campolindo 15, Berean Christian Inc.
Campolindo 16, Clayton Valley 44
Campolindo 17, College Park 45
Campolindo 15, Concord 50
Campolindo 17, Las Lomas 44
Campolindo 16, Miramonte 43
Campolindo 15, Mt. Diablo INC.
Campolindo 16, Northgate 45
Campolindo 15, Ygnacio Valley INC.

JUNIOR VARSITY GIRLS

Campolindo 15, Acalanes 45
Campolindo 15, Alhambra INC.
Campolindo 15, Benicia 40
Campolindo 15, Berean Christian INC.
Campolindo 21, Clayton Valley 34
Campolindo 15, College Park INC.
Campolindo 15, Concord INC.
Campolindo 26, Las Lomas 29
Campolindo 17, Miramonte 41
Campolindo 15, Mt. Diablo INC.
Campolindo 20, Northgate 35
Campolindo 15, Ygnacio Valley INC.

FROSH SOPH BOYS

Campolindo 15, Acalanes 50
Campolindo 15, Alhambra 50
Campolindo 15, Benicia INC.
Campolindo 15, Berean Christian INC.
Campolindo 15, Clayton Valley 50
Campolindo 15, College Park 50
Campolindo 15, Concord 50
Campolindo 19, Las Lomas 50
Campolindo 15, Miramonte 48
Campolindo 15, Mt. Diablo INC.
Campolindo 15, Northgate 50
Campolindo 15, Ygnacio Valley INC.

FROSH SOPH GIRLS

Campolindo 15, Acalanes INC.
Campolindo 16, Alhambra INC.
Campolindo 15, Benicia INC.
Campolindo 15, Berean Christian INC.
Campolindo 15, Clayton Valley INC.
Campolindo 15, College Park 50
Campolindo 15, Concord INC.
Campolindo 15, Las Lomas 46
Campolindo 23, Miramonte 33
Campolindo 15, Mt. Diablo INC.
Campolindo 27, Northgate 29
Campolindo 15, Ygnacio Valley INC.

11-9-24 DAL CHAMPS
Hidden Valley Park, Martinez

Varsity Boys – 37 Points – 1st Place
Varsity Girls – 39 Points – 1st Place
Junior Varsity Boys – 19 Points – 1st Place
Junior Varsity Girls – 33 Points – 2nd Place
Frosh Soph Boys – 21 Points – 1st Place
Frosh Soph Girls – 33 Points – 1st Place

DAL FINAL STANDINGS

Varsity Boys: Champions!
Varsity Girls: Champions!
Junior Varsity Boys: Champions!
Junior Varsity Girls: Co-Champions!
Frosh Soph Boys: Champions!
Frosh Soph Girls: Champions!

11-23-24 NCS RESULTS

Varsity Boys – 44 Points – 1st Place
Varsity Girls – 103 Points – 2nd Place

11-30-24 CIF RESULTS

Varsity Boys – 153 Points – 1st Place
Varsity Girls – 213 Points – 6th Place

"ALL-LEAGUE" SELECTIONS

VARSITY BOYS:
Gavin Gunn, Clark Gregory, Caden Ehrhorn,
Maxson Cook, Jack Durden

VARSITY GIRLS:
Kiona McCasland, Amalia Contreras, Kaityln
Kinsey, Anya Houston

JUNIOR VAR BOYS:
Cody De La Cruz, Taejin Chung, Nolan
Henwood, Urijah Smith, Aria Falsafi

JUNIOR VAR GIRLS:
Claire Andrzejek, Libby Wong, Helen
Shephard, Anjali Rao

FROSH SOPH BOYS:
Taiyo Chiba, Samuel Hearn, Koen Pretzlaf,
Nikola Van Delft, Anton Klisura, Carter Cook

FROSH SOPH GIRLS:
Mykenzie Fung, Nora Lawrence, Rouyan
Lechner, Vasy Pridatko